

Graduate Student Newsletter
Counseling and Student Affairs
December 2001

ADVISING TIPS

Happy Holidays and welcome to 2002! We look forward to seeing you again next semester. Classes begin Wednesday January 9, 2002.

Those students in Community Counseling, School Counseling, and College Counseling who successfully completed CNSA 600, CNSA 610, CNSA 611, CNSA 620, may wish to continue with CNSA 691 Practicum. (Other Student Affairs students who have completed these courses will take Practicum in the Fall.)

CNSA 630 Group Counseling is available to those who have successfully completed CNSA 620, Counseling Skills.

CNSA 613 Career Development; CNSA 614, Human Growth and Development; and CNSA 615, Social and Cultural Foundations of Counseling are available to everyone. Note: Only CNSA 614 is available to non-admitted CNSA majors.

Another course available is ED 603: Methods of Research, 5:00-6:50 M.

GRADUATE STUDENT ORGANIZATION

The Graduate Student Organization for Counseling and Student Affairs (GSO) elected officers for the 2001-2002 academic year at Orientation. Jasi O'Connor was elected President, Vicki Leaderbrand was elected Vice President and Jackie Hendricks is secretary. The position of GSO representative to faculty meetings is being shared by Anna Holle and Jeannie Fisher. GSO meetings and activities provide wonderful opportunities for sharing and support with other members of the Counseling and Student Affairs program!

The GSO Newsletter is now available on our web page. Please submit articles, ideas for articles and/or items to Jasi O'Connor.

MSUM SITE FOR NATIONAL COUNSELOR LICENSURE AND CERTIFICATION EXAM

The Counseling and Student Affairs Program is participating in a program offered by the National Board for Certified Counselors (NBCC). This program is one in which current students of MSUM's Counseling and Student Affairs program can take the Graduate Student Administration (GSA) - National Counselor Examination for Licensure and Certification (NCE) on campus, prior to their graduation. The exam is scheduled for

April 13, 2002. This exam is required for counselor licensure in many states including North Dakota.

Graduating students are eligible to take the exam. Benefits to students participating in this program include taking the exam in a familiar environment, paying lower fees, and avoiding extensive travel (other test administration sites are Bismarck and St. Paul). Those interested may call the NBCC/NCE Campus Coordinator, Wes Erwin, at 236-2009. The deadline for submission of materials is January 9, 2002.

CNSA LISTSERV

The listserv for the CNSA program is active on a daily basis. Hopefully you are all subscribed and regularly check your email for new messages. Essential information is distributed on the listserv, often daily. This newsletter is an example of CNSA program information distributed only electronically.

For students new to the listserv: If you have a question, want information, etc., you can post it on the listserv and someone will answer to the listserv. That way we can all share the information. The faculty is subscribed to the listserv, so you can ask us questions also. If we happen to be on the listserv at the same time, we can of course post messages to the listserv at the same time and approximate a conversation or advising session.

Every time you want to send a message to the listserv, like "When is the 610 study group meeting?", you write a regular e-mail and address it to `cnsa_students` [if you are on campus] or to `cnsa_students@mnstate.edu` [if you are off campus]. You, of course, can save this in your address book so it will all print when you just type its nickname. If you have trouble with this, give one of the faculties a call and we will help all we can--or get the help you need from experts.

CPCE REQUIRED

The National Board for Certified Counselors has created a test for training programs to offer to assess knowledge acquired in masters training programs. We require this exam, called the Counselor Preparation Comprehensive Examination (CPCE), of all students who take comps. In past years students have reported that taking this exam was good practice for the NCE [National Counselor Examination, see above]. Students have also recommended that the CPCE should not be substituted for the comprehensive exams, and that it should continue to be required.

As part of our assessment and accreditation requirement, it continues to be important to have information about how our graduates compare to the national sample that takes the exam. Therefore, again this year the CPCE will be required of all those who take comps during the year (Summer 2001, Fall 2001, and Spring 2002). You will need to pass comps (as usual) and pass the CPCE. All CNSA students have done very well on

this national exam. Indeed, our students have had some of the highest scores in the nation.

Because the program and the institution think the exam results are important, the institution has agreed to pay this year the \$30 fee that it costs for each person to take the exam. We will try to schedule the exam on the Friday a week after comps so that you do not have to prepare twice. The exam is 160 multiple choice items with 20 items per CACREP area. If you would like further information, please call Bill.

RESEARCH SEMINAR

Research Seminar will meet every Tuesday from 2:00-3:00 p.m. in Lommen 202. Note the change from a rotating schedule. Wes, Pat, and Bill will be at these meetings and hopefully all students will attend. This is the time when we discuss student research interests, ideas for thesis topics and resources, methods for getting your theses done, and editing of thesis chapters. Everything you ever wanted to know about your thesis but were afraid to ask, or everything you just wanted an answer to about your thesis, are topics appropriate for this seminar. If you want support and help with your thesis, this is the place to get it. The first Research Seminar meeting is scheduled for January 15. Come join us!

FACULTY MEETINGS

Faculty meetings are open to all students and are held Thursday mornings from 9:00-12:00 in CMU 212. The GSO representatives for these meetings are Anna Holle and Jeannie Fisher. All policies related to the program are discussed here. Come share your ideas or give them to your representatives.

2002 PROFESSIONAL CONFERENCES

North Dakota Counseling Association - Bismarck, ND, February 3-5.

National Association for Student Affairs Administrators in Higher Education (NASPA) - Boston, March 2-6.

American College Personnel Association - Long Beach CA, March 16-20.

American Counseling Association Annual Conference, 2002 - New Orleans, March 22-26.

Minnesota Association for Counseling and Development - MSUM, April 5.

Wes is sponsoring this so let's see a great turnout! It will be held in CMU 101 with registration from 8:00-8:30. The keynote speaker is Kevin Goodno from House of Representatives. Presentation topics will be Computer Addiction by Julie Poseley; Marsha Linehan's Work in Your Everyday Practice by Elizabeth Evenson; Resistance: Theirs or Ours? by John Orcutt. Lunch will be followed by a MACD/ACA information session. Registration fee for students is \$10.00 for early registration and \$15.00 at the door and includes lunch. Call Wes with questions or to volunteer. The registration fee will be half for volunteers.

MACD Regional Conference - St. Cloud, April 12.

Red River Psychology Conference - MSUM, April 15-16.

Minnesota School Counselors Conference - Brainerd, MN, May 5-7.
UND Medical School Psychiatric Grand Rounds - Fargo, weekly Wednesday
noon hour topics.

See the bulletin board for other conference announcements.

GROUP GOING TO NDCA CONFERENCE

The faculty highly encourages you to go to the North Dakota Counseling Association convention in Bismarck, February 3-5. You can go for just one day or for the whole conference. It is a great place to network, meet other counselors in the area, meet and talk to alumni of the program, talk to faculty and students from other counselor training programs, and learn new information about the profession. Students often like to go as a group, so please contact the GSO officers about being included in group plans. Wes and Pat will also be there. You are excused from classes if you go. The following CNSA students will be presenting a session with Wes entitled *Taking the Ouch Out of Cognitive Behavioral Homework*: Kristin Linson, Pat Staton, LeAnn Lies, and Lynn Kerzman. LeAnn will also be presenting a poster session derived from her thesis, *Rural Adolescent Attitudes Toward Seeking Psychological Health*. So come and support them!

ANNUAL ACADEMIC CONFERENCE

The Annual Student Academic Conference is scheduled for Wednesday, April 10, 2002 in the Comstock Memorial Union. Visit the Student Academic Conference website at: <http://www.mnstate.edu/acadconf>

The faculty strongly encourage students to attend and participate in this conference. Several CNSA students have presented content sessions every year. They highly recommend that others take part.

SPRING DEADLINES FOR MASTER'S STUDENTS

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| 1. Last day to submit advisor-approved thesis to faculty | March 7 |
| 2. Dates of Written Comprehensives | March 20-21 |
| 2. Last day to apply for Oral Exam (Form 3) | April 4 |
| 3. Last day for Oral Exam | April 18 |
| 4. Last day to submit thesis to Library and final report for degree in Spring Semester | May 2 |
| 5. Commencement | May 10 |

HOW TO STUDY FOR COMPS

Karen Montgomery, a CNSA alumna and high school counselor, spoke about ways to prepare for comps several years ago. A videotape of the presentation, which is excellent, is available from Bill Packwood. Anyone in the program who is preparing for this exam would benefit from watching this video.

COMPREHENSIVE EXAMINATION SCHEDULE

The following dates and times have been set up for administering the comprehensive exam for Master of Science degree students.

Graduate students in Counseling and Student Affairs should contact their advisors to let them know when they will be ready to write the exam, as the advisors will be the ones writing the questions. Please secure an application form from your advisor or print the one from the Handbook that is accessible from the CNSA web page. These application forms should be turned in to Bev Nokken in Lommen 209 at the beginning of spring semester or earlier if you plan to write this March.

There is a two-page list of study areas for the comps in the Handbook. The rating form used by faculty when reading the comps is also in the Handbook.

SPRING SEMESTER 2002	Wed., Mar. 20, 2002 10-12:00 a.m. & 1-3 p.m. LO 101 Computer Lab	Thurs., Mar. 21, 2002 10-12 a.m. & 1-3 p.m. LO 101 Computer Lab
FIRST SUMMER SESSION, 2002	Wed., June 12, 2002 10-12:00 a.m. & 1-3 p.m. LO 101 Computer Lab	Thurs., June 13, 2002 10-12 a.m. & 1-3 p.m. LO 101 Computer Lab

(NOTE: Comps taken in the summer will not be read by faculty until the Fall.)

SUMMER COURSE POSSIBILITIES

The only summer courses offered are ED 602: Statistics and ED 603: Methods of Research. There will also be a workshop offered by the Sociology department on Violence and Abuse, May 15-17.

SUMMER SHUT DOWN

Faculty is not available during the summer. Therefore, students need to plan ahead and consult with advisors. If you will exceed your five-year limit in September, complete all of your work, comps, and the two thesis committee meetings BEFORE May.

DR. PACKWOOD ON SABBATICAL NEXT YEAR

Dr. Packwood's advisees need to choose another advisor for next year...or graduate! Contact Wes or Pat for an advising appointment. Pat will replace Bill for the year as Acting Director. We wish Bill a fruitful and rejuvenating sabbatical.

MAT OFFERINGS

The Counseling Center will be administering the Miller Analogies Test on every third Wednesday of the month. The dates during Spring Semester follow:

Wednesday, January 16	5:00-6:30 p.m.	165 MacLean Hall
Wednesday, February 20	5:00-6:30 p.m.	165 MacLean Hall
Wednesday, March 20	5:00-6:30 p.m.	165 MacLean Hall
Wednesday, April 17	5:00-6:30 p.m.	165 MacLean Hall

Due to limited enrollment, students should register at the Counseling Center as soon as possible (260 Bridges Hall). The testing fee is \$35.00, payable at the time of testing. Please contact the Counseling Center (236-2227) if you have any questions regarding the MAT or its administration.

A student's MAT score may be improved by preparatory study. Study guides are available at the MSU Bookstore, Library or any commercial bookstore. Once such book available is called Preparing for the MAT.

The NDSU Counseling Center offers the MAT on the 2nd and 4th Fridays of each month at 3:30 p.m. For further information call 237-7671. You must also register in advance for this test.

GRADUATE RECORD EXAM (GRE)

Please contact Karen or Dan in Housing at 236-2119 to schedule testing. They can also provide information on where/when to take the GRE subject tests.

PRACTICUM

If you plan to take a counseling practicum next year you should talk to Wes Erwin ASAP. All students interested in a student affairs practicum, with the exception of college counseling, should see Pat Neuman. Student Affairs practica require signed contracts, written goals and objectives, one hour of individual supervision on site and site supervisor evaluations. All practica also require evidence of professional liability insurance, weekly seminar attendance and one-hour per week individual tape critiques. Check with Pat or Wes if you have any questions.

INTERNSHIPS

If you plan to do your internship next year you should talk to Pat Neuman as soon as possible. A number of sites are making their selections of interns in January. All internships require signed contracts, written goals and objectives, evidence of liability insurance, one hour of individual supervision on-site and site supervisor evaluations. Weekly seminar attendance and weekly individual videotape critiques with the faculty supervisor are also required. Be sure you choose a site that can provide the necessary client contact hours (direct service) as well as supervision by a qualified supervisor. You are encouraged to review the notebook of internship sites in Pat's office. In this notebook you will find general information provided by the sites regarding their programs as well as site evaluations and comments provided by previous interns. Review the Handbook for further specifics regarding internship. Check with Pat if you have any questions.

GRADUATE ASSISTANTSHIPS

Graduate assistantships for this year are still available and those for next year are, in some cases, being decided now. See Bill Packwood immediately if you are interested. Students may move from one graduate assistantship to another in some cases. It is also possible in some cases to utilize an assistantship as a student affairs practicum/internship.

ADDRESS UPDATES

Please make sure you give Bill Packwood any address and telephone changes for this spring. Don't forget to include email address changes!

**Counseling and Student Affairs
Course Offerings**

Spring 2002

CNSA 613	Career Development	3	Packwood	5:00-7:30	T	LO 210
CNSA 614	Human Growth & Devel for Counselors	3	Neuman	5:00-7:30	M	LO 97
CNSA 615	Social/Cultural Found of Counseling	3	Erwin	5:00-7:30	Th	LO 210
CNSA 630	Group Counseling	3	Erwin	5:00-7:30	M	LO 210
CNSA 691C*	Pract: Coll Couns	3	Erwin	5:00-7:30	W	NH 101
CNSA 691D*	Pract: Comm Couns	3	Erwin	5:00-7:30	W	NH 101
CNSA 692B*	Intern: Stud Aff ARR	3	Neuman	4:30-6:30	W	LO 210
CNSA 692C*	Intern: Coll Couns	3	Neuman	2:00-4:00	W	LO 210
CNSA 692D*	Intern: Comm Couns	3	Neuman	2:00-4:00	W	LO 210
CNSA 698 *	Continuing Regist	1	Staff	ARR		ARR
CNSA 699 *	Masters Thesis	1-4	Staff	ARR		ARR

Summer 2002

ED 602 Statistics (2)
ED 603 Methods of Research (2)

Congratulations to Mary Jo Andersen

Mary Jo Andersen is graduating on December 21 with her master's degree in Counseling and Student Affairs. MJ completed the community counseling program of study. MJ also recently celebrated the birth of a new baby. Our congratulations and very best wishes to Mary Jo!