1. Mass:

(a) Suppose that L is 2-dimensional lamina in the shape of a region R in the plane that is bounded above by f(x) and below by g(x) on [a, b]. Further suppose that $\rho(x)$ is a function that gives the density per unit area at each point of the lamina [so the lamina has constant density along vertical slices of the lamina]. Then the mass of L is given by:

$$m = \int_{a}^{b} \left[f(x) - g(x) \right] \rho(x) \, dx$$

(b) Now suppose that L is 2-dimensional lamina in the shape of a region R in the plane that is bounded on the right by f(y) and on the left by g(y) on [c, d]. Further suppose that $\rho(y)$ is a function that gives the density per unit area at each point of the lamina [so the lamina has constant density along horizontal slices of the lamina]. Then the mass of L is given by:

$$m = \int_{c}^{d} \left[f(y) - g(y) \right] \rho(y) \, dy$$

2. First Moments and the Center of Mass:

(a) We again suppose that L is 2-dimensional lamina in the shape of a region R in the plane that is bounded above by f(x) and below by g(x) on [a, b]. Further suppose that $\rho(x) = k$ is a function that gives the density per unit area at each point of the lamina [so the lamina has uniform (constant) density]. Then the first moment of L with respect to the x and y axes are:

$$M_x = \int_a^b \frac{1}{2} \left[f(x) + g(x) \right] \left[f(x) - g(x) \right] \rho(x) \, dx$$

and
$$M_y = \int_a^b x \cdot \left[f(x) - g(x) \right] \rho(x) \, dx$$

The center of mass of the lamina L is: $(\overline{x}, \overline{y})$, where $\overline{x} = \frac{M_y}{m}$ and $\overline{y} = \frac{M_x}{m}$

(b) Now suppose that L is 2-dimensional lamina in the shape of a region R in the plane that is bounded on the right by f(y) and on the left by g(y) on [c, d]. Further suppose that $\rho(y)$ is a function that gives the density per unit area at each point of the lamina [so the lamina has constant density along horizontal slices of the lamina]. Then the first moment of L with respect to the x and y axes are:

$$M_x = \int_c^d y \cdot [f(y) - g(y)] \rho(y) \, dy$$

and
$$M_y = \int_c^d \frac{1}{2} \left[f(y) + g(y) \right] \left[f(y) - g(y) \right] \rho(y) \, dy$$

The center of mass of the lamina L is: $(\overline{x}, \overline{y})$, where $\overline{x} = \frac{M_y}{m}$ and $\overline{y} = \frac{M_x}{m}$