

MSUM 10 K  
8 a.m. Tuesday July 4, 2006  
Moorhead, MN

female place	time	name	city	class place	age	km pace	age graded			unofficial time	select time	bib
							mile pace	performance level/place				
1	31:39	Gregory Liebl	Fargo, ND	1 M20-29	21	3:10	5:06	85.22%	1	31:38.8	31:38.7	403
2	31:59	Eric Loeffler	Fargo, ND	2 M20-29	29	3:12	5:09	84.34%	2	31:58.0	31:58.1	402
3	34:18	Casey Miller	Anchorage, AK	3 M20-29	27	3:26	5:31	78.64%	4	34:17.9	34:17.9	250
4	35:35	Chris Hass	Fargo, ND	4 M20-29	28	3:34	5:44	75.80%	6	35:34.3	35:34.3	445
5	36:10	Tom Smith	Fargo, ND	1 M40-49	40	3:37	5:49	77.41%	5	36:09.7	36:09.8	456
6	36:38	Brian Kinsey	Fargo, ND	1 M30-39	32	3:40	5:54	73.63%	10	36:37.7	36:37.9	478
7	37:00	Brandon Huether	Lisbon, ND	1 M < 20	19	3:42	5:57	73.48%	11	36:59.1		236
8	37:05	Kendall Railing	Fargo, ND	2 M30-39	36	3:43	5:58	73.38%	12	37:04.6	37:04.7	444
9	37:20	Erik Hanson	Moorhead, MN	2 M < 20	17	3:44	6:00	73.88%	9	37:19.3		227
10	37:37	Ken Hammer	Frazee, MN	1 M50-59	53	3:46	6:03	81.86%	3	37:36.9	37:37.0	428
11	38:22	Liam O'Fallon	Durham, NC	3 M30-39	36	3:50	6:10	70.89%	18	38:21.1	38:21.2	258
12	38:29	Travis Stadum	Fargo, ND	3 M < 20	16	3:51	6:12	72.37%	15	38:28.6		274
13	38:34	Brad Rassier	Moorhead, MN	4 M < 20	18	3:51	6:12	70.95%	16	38:33.6	38:33.7	263
14	38:57	Nathan Lodermeier	Moorhead, MN	5 M20-29	23	3:54	6:16	69.25%	25	38:56.6	38:56.7	431
15	39:17	Blake Hillerson	Fargo, ND	6 M20-29	23	3:56	6:19	68.66%	28	39:16.2	39:16.4	426
16	39:20	Steven Wenzel	Fargo, ND	2 M40-49	43	3:56	6:20	72.48%	13	39:19.5		441
17	39:24	Kevin Franck	Minnetrissa, MN	4 M30-39	36	3:56	6:20	68.90%	27	39:23.6	39:23.6	404
18	39:48	Jakob Lindaas	Moorhead, MN	5 M < 20	15	3:59	6:24	70.82%	19	39:47.0	39:47.0	489
19	39:48	Ross Hilgers	Moorhead, MN	5 M30-39	39	3:59	6:24	69.78%	21	39:47.7		440
20	40:44	Daniel Johnson	Moorhead, MN	7 M20-29	24	4:04	6:33	66.22%	41	40:43.0		473
21	40:52	Aaron Hill	Forman, ND	8 M20-29	25	4:05	6:35	66.00%	42	40:51.5	40:51.5	465
22	41:19	Michael Langseth	Fargo, ND	9 M20-29	25	4:08	6:39	65.28%	47	41:18.4		411
23	41:19	Heather Smith	Audubon, MN	1 F20-29	25	4:08	6:39	72.41%	14	41:18.4	41:18.4	469
24	41:34	Mark Pavicic	Fargo, ND	2 M50-59	54	4:09	6:41	74.72%	8	41:33.7	41:33.8	479
25	41:54	Nick Bach	Fargo, ND	6 M30-39	38	4:11	6:45	65.86%	44	41:53.3	41:53.5	205
26	41:56	Craig Holly	Fargo, ND	3 M40-49	48	4:12	6:45	70.78%	20	41:55.1		407
27	42:20	Norman Adams	Detroit Lakes, MN	4 M40-49	44	4:14	6:49	68.24%	31	42:19.3		429
28	42:25	Ray Bauske	Fargo, ND	5 M40-49	41	4:14	6:50	66.34%	40	42:24.9	42:25.0	460
29	42:29	Steven Sylvander	Mounds View, MN	6 M40-49	47	4:15	6:50	69.57%	22	42:28.1		458
30	42:39	Nathan Appel	Moorhead, MN	6 M < 20	18	4:16	6:52	64.15%	50	42:38.9		204
31	42:40	Mark D Waller	Fargo, ND	7 M40-49	42	4:16	6:52	66.39%	39	42:39.8	42:39.9	451
32	43:10	Lisa Gerlach	Moorhead, MN	2 F20-29	24	4:19	6:57	69.31%	23	43:09.6		484
33	43:10	Mike Triptow	Fargo, ND	10 M20-29	26	4:19	6:57	62.49%	59	43:09.8		279
34	43:15	Rick Crume	Glyndon, MN	8 M40-49	45	4:20	6:58	67.16%	33	43:14.4	43:14.3	214
35	43:16	Jenny Aune	Fargo, ND	3 F20-29	29	4:20	6:58	69.14%	26	43:15.1		409
36	43:18	Tom Clow	Fargo, ND	9 M40-49	45	4:20	6:58	67.10%	34	43:17.7		486
37	43:50	Jeremy Herbrandson	Moorhead, MN	7 M30-39	33	4:23	7:03	61.54%	69	43:49.1	43:49.1	432
38	43:59	Russel Crume	Glyndon, MN	10 M40-49	43	4:24	7:05	64.84%	49	43:58.5	43:58.5	461
39	44:06	Robin Johnson	Fargo, ND	1 F < 20	19	4:25	7:06	68.28%	30	44:05.5		443
40	44:15	Wade Bloom	Fargo, ND	8 M30-39	35	4:25	7:07	60.99%	76	44:14.4	44:14.4	422
41	45:05	Bradley Rieth	Fargo, ND	7 M < 20	15	4:31	7:15	62.52%	58	45:04.9	45:04.9	406
42	45:13	Todd Hegney	Fargo, ND	9 M30-39	35	4:31	7:17	59.66%	82	45:12.9	45:13.0	476
43	45:16	Marion Askegaard	Moorhead, MN	1 F40-49	43	4:32	7:17	70.91%	17	45:15.7		474
44	45:20	Tim Martin	Moorhead, MN	3 M50-59	53	4:32	7:18	67.98%	32	45:19.0	45:19.3	468
45	45:25	Kelly Weisgarber	Fargo, ND	4 F20-29	21	4:32	7:19	65.87%	43	45:24.6	45:24.6	282
46	45:32	Jason White	West Fargo, ND	10 M30-39	34	4:33	7:20	59.24%	83	45:31.6	45:31.5	438
47	45:34	Luke Schulz	Davenport, ND	11 M20-29	22	4:33	7:20	59.20%	84	45:33.6		423
48	45:35	Joe Halvorson	Moorhead, MN	12 M20-29	24	4:34	7:20	59.17%	85	45:34.0		412
49	45:59	Devany Schulz	Davenport, ND	2 F < 20	16	4:36	7:24	67.00%	35	45:58.7	45:58.7	292
50	46:03	Dan Tollefson	Fargo, ND	13 M20-29	27	4:36	7:25	58.57%	86	46:02.8		414
51	46:18	Kevin Bengtson	Moorhead, MN	11 M30-39	35	4:38	7:27	58.26%	87	46:17.4	46:17.4	206
52	46:30	Glenn Ackerman	Fargo, ND	4 M50-59	51	4:39	7:29	65.29%	46	46:29.0	46:29.0	408
53	46:42	Jennie Rivard	Fargo, ND	1 F30-39	39	4:40	7:31	66.50%	38	46:41.0	46:40.9	264
54	46:45	Rod Lym	Fargo, ND	5 M50-59	52	4:40	7:31	65.61%	45	46:44.3		246
55	46:53	Rick Wagar	Fargo, ND	11 M40-49	43	4:41	7:33	61.06%	75	46:52.3	46:52.4	470
56	46:55	Therese Vogel	Felton, MN	1 F50-59	53	4:41	7:33	75.25%	7	46:54.0		280
57	46:55	Joe Leggio	Fargo, ND	12 M30-39	36	4:41	7:33	57.83%	92	46:54.5		243
58	46:58	Tracy McKinnon	West Fargo, ND	2 F30-39	37	4:42	7:34	65.13%	48	46:57.6	46:57.7	248
59	47:18	Andrea Domaskin	Fargo, ND	5 F20-29	25	4:44	7:37	63.25%	55	47:17.5	47:17.5	425
60	47:19	Bryan Cochran	Danville, CA	12 M40-49	42	4:44	7:37	59.87%	81	47:18.6		467
61	47:21	Dom Martnez	Moorhead, MN	8 M < 20	13	4:44	7:37	61.45%	70	47:20.6		475
62	47:34	Marilyn Laliberte	Fargo, ND	2 F40-49	42	4:45	7:39	66.86%	36	47:33.1	47:32.8	439
63	47:39	Melissa Rieth	Fargo, ND	3 F < 20	18	4:46	7:40	63.55%	54	47:38.2	47:38.1	405
64	47:47	Tina Stanley	Fargo, ND	6 F20-29	29	4:47	7:41	62.61%	57	47:46.0	47:45.9	415
65	47:51	Joel Herbrandson	Fergus Falls, MN	14 M20-29	28	4:47	7:42	56.37%	103	47:50.8	47:50.8	417
66	47:52	Cindy Dobbs	Moorhead, MN	3 F40-49	42	4:47	7:42	66.82%	37	47:51.9		459

67	47:55	Kevin Moran	Marshall, MN	13	M40-49	46	4:47	7:43	60.84%	77	47:54.5	254
68	47:56	Jeff Stoen	Ada, MN	14	M40-49	48	4:48	7:43	61.73%	67	47:55.4	275
69	47:58	Melinda Glennon	Hillsboro, ND	7	F20-29	27	4:48	7:43	62.37%	61	47:57.4	464
70	48:16	Mark Bjornstad	West Fargo, ND	15	M20-29	22	4:50	7:46	55.88%	106	48:15.6	466
71	48:23	Tricia Kraft	Fargo, ND	3	F30-39	30	4:50	7:47	61.83%	66	48:22.1	477
72	48:34	Rebecca Thomson	Moorhead, MN	8	F20-29	24	4:51	7:49	61.60%	68	48:33.1	278
73	48:48	Greg Cook	Fargo, ND	15	M40-49	40	4:53	7:51	57.25%	98	48:47.2	212
74	48:53	Warren Honkola	Fargo, ND	6	M50-59	51	4:53	7:52	62.23%	63	48:52.2	235
75	48:53	Ken Mickelson	Halstad, MN	7	M50-59	55	4:53	7:52	64.05%	51	48:52.5	434
76	48:58	Sally Loeffler	Fargo, ND	9	F20-29	28	4:54	7:53	61.10%	74	48:57.2	300
77	49:19	Noah Dahle	Moorhead, MN	9	M < 20	17	4:56	7:56	55.92%	105	49:18.9	215
78	49:24	Jason Cool	Moorhead, MN	13	M30-39	33	4:56	7:57	54.60%	120	49:23.3	213
79	49:25	Kimberly Hest	Moorhead, MN	4	F < 20	16	4:56	7:57	62.34%	62	49:24.3	230
80	49:27	Kaylea Brose	Lino Lakes, MN	5	F < 20	15	4:57	7:57	63.08%	56	49:26.4	207
81	49:33	Steve Charlton	Moorhead, MN	8	M50-59	55	4:57	7:58	63.72%	53	49:32.5	485
82	49:36	Carolyn Bocovich	Andover, MN	6	F < 20	16	4:58	7:59	62.11%	64	49:35.4	453
83	49:39	Kevin Sweeney	Moorhead, MN	16	M40-49	48	4:58	7:59	59.98%	79	49:38.4	446
84	49:46	Bjorn Hanson	Fargo, ND	16	M20-29	21	4:59	8:01	54.20%	123	49:45.7	226
85	49:49	Paul Krabbenhoft	Moorhead, MN	9	M50-59	51	4:59	8:01	61.22%	72	49:48.4	482
86	49:50	Dana Brown	Moorhead, MN	14	M30-39	36	4:59	8:01	54.49%	122	49:49.1	208
87	49:54	Patrick Schultz	Fargo, ND	17	M40-49	41	4:59	8:02	56.57%	100	49:53.2	272
88	50:09	Alison Hest	Moorhead, MN	7	F < 20	16	5:01	8:04	61.43%	71	50:08.1	229
89	50:15	Theresa Cowles	Fargo, ND	8	F < 20	18	5:02	8:05	60.26%	78	50:14.2	436
90	50:17	Joel Kangas	Fargo, ND	10	M50-59	50	5:02	8:06	59.95%	80	50:16.8	238
91	50:29	Scott Flaten	Fergus Falls, MN	17	M20-29	26	5:03	8:07	53.43%	129	50:28.4	448
92	50:36	Adam Sandbek	Fargo, ND	18	M20-29	24	5:04	8:09	53.31%	130	50:35.3	294
93	50:44	Cynthia McFadgen	Valley City, ND	4	F30-39	39	5:04	8:10	61.11%	73	50:43.1	247
94	50:59	Pat Egeberg	Valley City, ND	2	F50-59	52	5:06	8:12	68.51%	29	50:58.4	287
95	51:00	Karen Burchill	Valley City, ND	4	F40-49	45	5:06	8:12	64.01%	52	50:59.5	210
96	51:01	Thorvald Dahle	Moorhead, MN	18	M40-49	42	5:06	8:13	55.46%	114	51:00.4	217
97	51:15	Michael Scott	Fargo, ND	19	M20-29	29	5:08	8:15	52.63%	136	51:14.4	273
98	51:21	Steve Aune	Fargo, ND	15	M30-39	38	5:08	8:16	53.68%	127	51:20.5	416
99	51:35	Seth Dahle	Moorhead, MN	10	M < 20	17	5:09	8:18	53.47%	128	51:34.4	210
100	51:36	Mac Berns	Fargo, ND	16	M30-39	30	5:10	8:18	52.27%	138	51:35.1	442
101	51:39	Adam Holscher	Fargo, ND	20	M20-29	27	5:10	8:19	52.22%	139	51:38.9	234
102	51:42	Alissa Lundgren	Moorhead, MN	10	F20-29	21	5:10	8:19	57.87%	91	51:41.3	244
103	51:45	Jason Medders	Fargo, ND	21	M20-29	28	5:10	8:20	52.12%	140	51:44.8	249
104	51:54	Wes Otheim	Hartford, ND	17	M30-39	36	5:11	8:21	52.37%	137	51:53.2	298
105	51:55	Darin Montplaisir	West Fargo, ND	22	M20-29	22	5:11	8:21	51.96%	142	51:54.1	433
106	52:00	Colin Kelly	Fargo, ND	19	M40-49	45	5:12	8:22	55.70%	109	51:59.1	416
107	52:11	Larry Gast	Wahpeton, ND	11	M50-59	58	5:13	8:24	61.84%	65	52:10.6	472
108	52:43	Robert Eidbo	Moorhead, MN	20	M40-49	44	5:16	8:29	54.66%	119	52:42.3	427
109	52:45	Shannon Olson	Moorhead, MN	18	M30-39	34	5:17	8:29	51.13%	145	52:44.0	260
110	52:51	Ira Bailey	Moorhead, MN	21	M40-49	47	5:17	8:30	55.84%	107	52:50.4	463
111	52:56	Annie Worden	Grand Forks, ND	11	F20-29	21	5:18	8:31	56.52%	101	52:55.0	284
112	53:01	Angie Perry	Moorhead, MN	12	F20-29	28	5:18	8:32	56.43%	102	53:00.3	490
113	53:29	Ceojlia Borovich	Andover, MN	9	F < 20	16	5:21	8:36	57.60%	94	53:28.5	454
114	53:33	Tamela Moran	Marshall, MN	5	F30-39	39	5:21	8:37	58.04%	88	53:32.0	255
115	53:41	Amy Bakken	Fargo, ND	6	F30-39	33	5:22	8:38	55.73%	108	53:40.3	285
116	53:47	Caroline Warling	Audubon, MN	13	F20-29	28	5:23	8:39	55.62%	110	53:46.5	419
117	53:50	Vijay Gaba	Fargo, ND	22	M40-49	45	5:23	8:40	53.81%	126	53:49.0	222
118	53:54	Luc Wicklund	Moorhead, MN	11	M < 20	14	5:23	8:40	53.05%	133	53:53.3	283
119	54:20	Jennifer Froehlich	Fargo, ND	14	F20-29	26	5:26	8:45	55.06%	117	54:19.6	221
120	54:23	Laurie Ward	Moorhead, MN	7	F30-39	35	5:26	8:45	55.54%	113	54:22.4	447
121	54:24	Josh Kadrmas	Fargo, ND	23	M20-29	26	5:26	8:45	49.58%	151	54:23.3	424
122	54:32	Mike Nordness	Fargo, ND	23	M40-49	44	5:27	8:47	52.89%	134	54:31.3	299
123	54:51	Dick Thompson	Fargo, ND	24	M40-49	42	5:29	8:50	51.75%	143	54:50.4	277
124	54:52	Rebekah Rounds	Fargo, ND	15	F20-29	22	5:29	8:50	54.53%	121	54:51.5	267
125	54:57	Mona Tedford	Fargo, ND	5	F40-49	41	5:30	8:51	57.58%	95	54:56.8	276
126	55:23	Hope Enger	Moorhead, ND	10	F < 20	17	5:32	8:55	55.09%	116	55:22.1	296
127	55:31	John Mueller	Fargo, ND	12	M < 20	16	5:33	8:56	50.17%	148	55:30.2	256
128	55:33	Katie Anderson	Moorhead, MN	11	F < 20	15	5:33	8:56	56.15%	104	55:32.7	209
129	55:42	Stefanie Kangas	Fargo, ND	12	M50-59	50	5:34	8:58	54.12%	124	55:41.6	231
130	55:45	Jason Miller	Fargo, ND	19	M30-39	30	5:35	8:58	48.38%	155	55:44.7	251
131	55:59	Geni Hart	Fargo, ND	1	F60-69	62	5:36	9:01	69.30%	24	55:58.9	413
132	56:08	Julie A. Wilson	Moorhead, MN	6	F40-49	43	5:37	9:02	57.41%	96	56:07.4	418
133	56:17	Alysha Warling	Audubon, MN	12	F < 20	16	5:38	9:03	54.74%	118	56:16.0	420
134	56:17	Jamie Wadzink	Fargo, ND	8	F30-39	30	5:38	9:03	53.15%	131	56:16.7	281
135	56:23	Jen Hamm	Casselton, ND	9	F30-39	32	5:38	9:04	53.06%	132	56:22.1	225
136	56:29	Kari Smith	Fargo, ND	7	F40-49	40	5:39	9:05	55.61%	111	56:28.2	457
137	56:59	Kirsten Lym	Fargo, ND	8	F40-49	45	5:42	9:10	57.30%	97	56:58.2	245
138	57:02	Shelly Peters	Moorhead, MN	10	F30-39	35	5:42	9:11	52.85%	135	57:01.6	261
139	57:04	Shaun Hagstrom	Fargo, ND	9	F40-49	46	5:42	9:11	57.75%	93	57:03.1	492

140	50	57:06	Linda Miller	Wahpeton, ND	3	F50-59	54	5:43	9:11	62.43%	60	57:05.6	253
141	51	58:20	Leda Daul	Fargo, ND	10	F40-49	44	5:50	9:23	55.45%	115	58:19.9	430
142	52	58:33	Melody Larson	Fargo, ND	11	F40-49	49	5:51	9:25	58.02%	89	58:32.2	241
143		58:41	Peter Schmidt	West Fargo, ND	13	M50-59	59	5:52	9:27	55.54%	112	58:40.0	270
144		58:42	Brent Mausbach	San Diego, CA	20	M30-39	33	5:52	9:27	45.95%	164	58:41.2	462
145		58:50	Charles LaRue	Coon Rapids, MN	14	M50-59	56	5:53	9:28	53.95%	125	58:49.2	242
146		59:35	Steve Peterson	Moorhead, MN	21	M30-39	35	5:58	9:35	45.32%	167	59:34.4	262
147	53	59:38	Melissa Hoff	Dilworth, MN	16	F20-29	26	5:58	9:36	50.17%	147	59:37.2	231
148		59:38	Mike Hoff	Moorhead, MN	25	M40-49	47	5:58	9:36	49.26%	152	59:37.5	232
149		59:54	Merle Anderson	Fargo, ND	26	M40-49	49	5:59	9:38	49.89%	149	59:53.3	202
150	54	59:57	Deb Haugen	Moorhead, MN	4	F50-59	52	6:00	9:39	57.95%	90	59:56.4	488
151	55	59:58	Theresa Anderson	Fargo, ND	12	F40-49	40	6:00	9:39	52.08%	141	59:57.6	203
152		1:00:05	Wade Henel	Grafton, ND	22	M30-39	37	6:01	9:40	45.72%	165	1:00:04.5	471
153	56	1:00:11	Teri Schaefer	Fargo, ND	11	F30-39	39	6:01	9:41	51.45%	144	1:00:10.4	268
154		1:01:01	Neil Kusler	Breckenridge, MN	27	M40-49	44	6:06	9:49	47.12%	159	1:01:00.5	240
155	57	1:01:17	Barb Grande	Moorhead, MN	5	F50-59	51	6:08	9:52	56.57%	99	1:01:16.3	223
156	58	1:01:32	Allison Mickelson	Moorhead, MN	12	F30-39	30	6:09	9:54	48.62%	154	1:01:31.7	290
157	59	1:02:18	Katie Fagre	Moorhead, MN	17	F20-29	21	6:14	10:02	48.02%	157	1:02:17.1	487
158	60	1:02:31	Lori Fredlund	Lino Lakes, MN	13	F40-49	41	6:15	10:04	50.36%	146	1:02:30.6	220
159	61	1:02:46	Sharlynn Harding	West Fargo, ND	18	F20-29	28	6:17	10:06	47.66%	158	1:02:45.8	288
160		1:04:07	Scott Grimm	Harwood, ND	28	M40-49	45	6:25	10:19	45.38%	166	1:04:06.7	435
161	62	1:04:10	Geralyn Green	Fargo, ND	13	F30-39	38	6:25	10:20	48.15%	156	1:04:09.4	224
162		1:04:59	Lamont Miller	Wahpeton, ND	15	M50-59	56	6:30	10:27	48.92%	153	1:04:58.3	252
163	63	1:05:03	Terri Nogosek	West Fargo, ND	19	F20-29	29	6:30	10:28	45.99%	162	1:05:02.3	257
164	64	1:05:05	Melissa Hogfoss	Fargo, ND	20	F20-29	21	6:30	10:28	45.97%	163	1:05:04.9	233
165	65	1:06:03	Kristy Dupree	Fargo, ND	14	F30-39	34	6:36	10:38	45.29%	168	1:06:02.9	218
166	66	1:06:04	Terri Hanson	West Fargo, ND	15	F30-39	33	6:36	10:38	45.28%	169	1:06:03.1	228
167	67	1:06:23	Angie Schultz	Fargo, ND	21	F20-29	27	6:38	10:41	45.07%	170	1:06:22.6	271
168	68	1:07:53	Laurie Seehen	Grafton, ND	16	F30-39	32	6:47	10:55	44.07%	174	1:07:52.3	293
169	69	1:07:53	Mary Krogstad	Thompson, ND	22	F20-29	26	6:47	10:55	44.07%	173	1:07:52.6	289
170	70	1:09:25	Marissa Cline	Fargo, ND	13	F < 20	16	6:57	11:10	44.38%	171	1:09:24.7	286
171	71	1:09:28	Katherine Miller	Moorhead, MN	14	F < 20	16	6:57	11:11	44.35%	172	1:09:27.3	291
172	72	1:09:52	Debbie Campbell	Hendrum, ND	14	F40-49	45	6:59	11:15	46.65%	160	1:09:51.3	211
173	73	1:11:06	Charolette Olson	Moorhead, MN	17	F30-39	33	7:07	11:27	42.08%	175	1:11:05.0	259
174		1:12:00	Philip Keller	Dilworth, MN	29	M40-49	40	7:12	11:35	38.81%	177	1:11:59.7	455
175	74	1:14:12	Carol Krabbenhoft	Moorhead, MN	6	F50-59	50	7:25	11:56	46.27%	161	1:14:11.4	483
176	75	1:14:13	Kathy Fredette	Moorhead, MN	7	F50-59	58	7:25	11:57	49.65%	150	1:14:12.0	421
177	76	1:14:32	Sarah Scharf	Moorhead, MN	18	F30-39	38	7:27	12:00	41.31%	176	1:14:31.0	269