

MD: The Making of a Doctor

Name _____

Turn in at the end of the day.

As you watch, have the students keep notes of some of the reasons given by people in the program for choosing to become doctors.

- *Remember we will watch a follow-up movie about these same people several years later in their career. So it will be worthwhile to keep track of this.*

One of the challenges faced by the doctors in this program is managing stress. Recall a day or an incident when you were under a lot of pressure to succeed at something.

- How did the pressure affect the other parts of your life?

- How did you concentrate on conversations with family or friends?

- What did you do to manage the stress?

- How will you cope with this kind of stress while in school? Think about your personal support system or plan. *This is a good thing to consider for dealing with school or answering questions about this very topic.*