



CONTIN NEWS

Minnesota State University Moorhead Newsletter • www.mnstate.edu

MINNEAPOLIS PASTOR SPEAKS AT CAMPUS KING CELEBRATION JAN. 19

Rev. Jerry McAafee, senior pastor at the New Salem Missionary Baptist Church in Minneapolis, will talk on "Where Do We Go From Here?" at 6:30 p.m. Jan. 19 in the Roland Dille Center for the Arts Gaede Theatre a part of MSUM's Martin Luther King Day Celebration.

A Minneapolis community leader and director of the Inner City Youth League's At Risk Youth Services, McAafee is the founder of the Twin Cities African American Bible Institute and the president of the Minnesota Chapter of One Church, One Child. He's also the newly appointed chair of the Commission on Violence for the National Baptists Convention.



McAafee will also make a presentation to the MSUM Professional Activities Committee from 8:30 to 9:30 a.m. Jan. 20.

His appearance is sponsored by MSUM's Cultural Diversity Events, Campus Activities Board and Psychology department.

DRAGON WELLNESS CENTER OPENS AT OLD THOMAS EDISON SCHOOL

The Dragon Wellness Center will be opening Tuesday, January 11, the first day of semester classes.

Located in the former Thomas Edison Grade School, it's a block and a half south of campus on the corner of 14th Street and 12th Ave.

The Dragon Wellness Center includes an exercise area and a fitness room with free weights, treadmills, elliptical trainers, recumbent bikes, stair climbers, stretch trainer, a Smith machine, and a 19-station circuit training system. The \$100,000 in new equipment was purchased using the \$50 per-semester wellness fee, which was approved by the student senate and implemented fall semester.

Shower/locker rooms are currently under construction and will be available sometime during Spring Semester. When the locker room facilities are completed an open gym will also be available for students to shoot basketballs, play badminton or schedule for a group activity.

Hours of operation include:

Monday through Friday: 6 a.m.-12 a.m.

Saturday: Closed

Sundays: 4 p.m.-10 p.m.

Because they're paying the fee, MSUM students are admitted to the Dragon Wellness Center FREE of charge. Faculty and staff may join for \$30/month or \$100/semester.

The fitness center is a temporary arrangement until the university can build a new two-story wellness center onto the south side of Comstock Memorial Union, which will eventually connect the CMU and the library. An architect was chosen last month for the project, estimated to cost as much as \$18 million.

The Thomas Edison building is being leased by MSUM and MSCTC and is called the Minnesota State Higher Education Center. It's expected that the university's Speech, Language and Hearing Sciences department will relocate to the center from Grier Hall, making it more accessible to the public. Some nursing courses may also be taught there.

For questions call 477-2211 and ask for Lynn or Jamie or e-mail wellness@mnstate.edu.

ALUMNI SECRETARY WALICKSKI RETIRES

Betty Walicski, the voice behind the phone of MSUM's Alumni Foundation Office, retired Jan. 4.

Originally assigned to the Public Affairs Office—including alumni, development, publications and news—she worked for various alumni directors over the years, including former MSUM alumni director Dennis Aune, who is now the University's director of development, and currently Betty Gunderson, director of alumni relations.

Walicski worked 15 years at Silverline, a local manufacturer of boats and trailers, before joining MSUM's registrar's office in 1980. She has spent the past 22 years working with, and for, MSUM alumni.



She says one of the biggest changes over the years has been the mass mailings workload, which was quite labor intensive in the 1980s.

"I remember doing mass mailings in the basement of MacLean Hall," Walicski said, who also hired short-term student help to get the mailings out. "Our mailings to

18,000 people included personalized letters, pledge cards, and envelopes, all of which we'd manually sort, stuff and pack into bundles. It would take us three weeks to do it," she said. "Everything was done by hand in those days. With automation and the fabulous print shop machines, we can do so much more in such a shorter period of time."

Other changes that occurred during her career include the increasing number of alumni in the database, from 18,000 to more than 50,000. The alumni phonathon has grown; a greater number of departmental reunions have been added in addition to large university reunions; additional staff have been hired; and programs have been added, such as the Baby Dragons. What originally started out as an alumni director and secretary evolved over the years. Various positions have come and gone, and the Alumni Association merged with the MSUM Foundation in 1996.

"I'll miss everything and everyone around here," Walicski said.

Walicski, 71, has two children and three grandchildren who live in town. During her retirement she'll continue to do bookwork for her son's auto repair shop and help with grandchildren. She'd also like to do some traveling and volunteer work.

MSUM DRAGON FIRE AFTER HOURS JAN. 11
MSUM's Dragon Fire Social will be held Tuesday, Jan. 11 from 5-7 p.m. at the Mulligan Lounge, Days Inn in Moorhead.

This is open to all Dragon Fire members and athletic supporters. The event provides an opportunity to meet MSUM coaches and includes free hors d'oeuvres, cash bar and prize drawings.

For more information, call Greg Peterson, 236-8484.

MSUM ALUM ESCAPES TSUNAMI WHILE VACATIONING IN MALAYSIA

Clay Johnson, a 2000 MSUM elementary education graduate, was on a Christmas vacation break from his English teaching job in Tokyo, having breakfast with nine of his friends on Penang Island, a posh tourist haven in Malaysia, when he saw the wave approaching.

He looked at it for a moment with disbelief, then ran in terror for higher ground.

"I was freaking out," he told his parents in an e-mail to the family's home in Marshall, Minn. "I saw the whole thing."

Ironically, part of the reason he opted for the South Asian holiday was the fear that an earthquake might hit Japan.

Johnson, 28, is among the fortunate survivors of the tsunami that has killed as many as 155,000 people and inflicted catastrophic harm to 12 nations that border the Indian Ocean.

His friends survived, too. But many others on the beach at the time were not so lucky. Johnson told his father that he had seen about two dozen people get washed away in the wave.

Johnson's parents, Steve and Mary Beth Johnson of Marshall, Minn., spent seven long hours that Sunday waiting to hear from him. They spread maps out at home to see how close he was to the epicenter of the giant underwater earthquake that unleashed the deadly tsunami.

"It was kind of a scary moment for us, because we knew that was where he was at," said his father, a teacher and coach in Marshall.

Clay had experienced a large earthquake in Japan earlier last month, and had heard rumors or warnings that a bigger quake was expected in Japan.

It came, but farther from Japan, his father said.

"It's kind of a terrifying thing to experience," Steve Johnson said. "But fortunately, he's safe."

In his latest e-mail, Clay provided more details about the quake-driven tsunami that struck the beach where he was at, and how he survived the assault.

Eating breakfast near the beach, he saw this big white line in the distance. Everybody started to run to higher ground. The first swell was about three feet, then another at 15 feet. During the last, he said, the water reached six feet above his head.

"I was freaking out, and I ran to the main road," Clay said in his e-mail. "I didn't see any water coming, so I went back to the beach."

The Malaysian island where Clay was vacationing was more mountainous than other islands, giving him higher ground to escape to.

"I saw many people suffering and many people's homes destroyed," Clay said. "Scary stuff."

Clay was scheduled to leave Malaysia on Jan. 4, but his father said he isn't sure what the aftermath of the destruction has done to travel in the area.

Clay left Minnesota soon after graduating from MSUM. He spent three years teaching at a public school in an impoverished part of Los Angeles. Then he left for Tokyo, where he has a job teaching conversational English to children and adults.

His father said his son was eager to get out of Tokyo in December because he kept hearing rumors that a major earthquake might strike there soon.

But the trip was not his first choice. He had considered coming home to Minnesota -- until he followed his father's advice.



"I had told him that as long as he was living in that part of the world for a while he should try to see as much of it as he could, to have a few more adventures," Steve Johnson said.

"I think maybe he's had enough adventure now."

SCHOLARSHIP, FINANCIAL AID OFFICE EXTENDS HOURS

The office of Scholarship and Financial Aid will extend its office hours during the following days:

Jan. 10-13: 8 a.m. to 5:30 p.m.

Jan. 18-20 : 8 a.m. to 5:30 p.m.

Jan. 25-26 (fee payment): 8 a.m. to 5:30 p.m.

Regular hours, from 8 a.m. to 4:30 p.m., will resume Jan. 27.

JANUARY IT WORKSHOPS:

Instructional Technology will be offering workshops and help sessions on MSUM's new instructional management system (Desire2Learn), PowerPoint, and web development with Frontpage. The workshops are free for all MSUM faculty and staff. Register online by going to www.mnstate.edu/instrtech and clicking on "January 2005 Workshops". If you have any questions, contact Rhonda Ficek (ficek@mnstate.edu, 477-2339) or Barb Hoppe (hoppeba@mnstate.edu, 477-2596).

PowerPoint

Tuesday January 18 3:00 p.m. PowerPoint Part I

Thursday January 20 3:00 p.m. PowerPoint Part II

FrontPage

FrontPage Part I Tuesday January 25 3:00

FrontPage Part II Wednesday January 26 3:00

FrontPage Part III Thursday January 27 3:00

AFFIRMATIVE ACTION PLAN AVAILABLE

MSUM's 2004-2006 Affirmative Action Plan has been approved by the Minnesota Department of Employee Relations. It is available or posted at the following locations:

*Affirmative Action Office web site at www.mnstate.edu/affirm

*Affirmative Action Office, Owens 214B

*Human Resources Office, Owens 210

*Livingston Lord Library, Reserve ID number LIB-319

COURSE PROPOSALS FOR COLLEGE FOR KIDS

Continuing Studies is currently accepting course proposals for College For Kids 2005. Program dates are **July 11-14** and **July 18-21**. Instructors can choose to offer their course either of the two weeks mentioned above.

Courses should emphasize hands-on, experiential learning themes for children ages 8-14. Compensation is provided for development of new courses and for teaching of the courses. If you are interested in being a part of College for Kids, please contact Kathleen Paulson at ext 5051 or paulsonk@mnstate.edu.

THIRD ANNUAL BRITISH ISLE TOUR SCHEDULED MAY 14-30

MSUM Profs. Alan Davis and Wayne Gudmundson will lead the third annual 17-day study tour of the British Isles, including an overnight stay in Iceland, from May 14 to May 30.

Spring or summer semester credits (three or six) are available in English, Master of Fine Arts or Mass Communications through Continuing Studies (six credits combine writing and photography). The cost is about \$2,850 and covers all transportation and lodging, some meals, and all lectures and guided tours.

For details or to register, contact Jill Holsen in International Programs, 477-2956 or holsenj@mnstate.edu.

APAC MINUTES

(Nov. 16, 2004)

Members present: Jeppson, chairperson, Cagle, Conteh, Flack, Gess, Goodman, Hall, Hamrick, Hill, McGillivray, Sanderson, Schwartz, Strong, Wallert, Wheeler

Members Absent: Crockett, Enz Finken, Midgarden, Suomala

1. Approval of the 11/02/04 APAC Minutes

Wheeler moved. Wallert seconded to approve the 11/02/04 APAC minutes.

Motion carried unanimously.

2. Computer Science Information Systems (CSIS) Department

Rick Walker was present to answer questions.

Schwartz moved. Sanderson seconded to approve the increase in course level and change of title of CSIS 255: Introduction to UNIX Programming (3 cr.) to:

CSIS 360: Unix Programming and Development Tools (3 cr.)

Schwartz moved. Hamrick seconded to table this item.

Motion carried unanimously.

APAC requested that the CSIS Department provide the original syllabus, the current syllabus, and a course description when they return to APAC to request that this motion be removed from the table.

3. American Multicultural Studies Department

(Committee deferred item to next agenda when no one was present to answer questions, but it was taken up later in the meeting when Professor May-Machunda arrived. See end of these minutes for action.)

Change the rubric of all MCS courses to AMCS.

Change the rubric of the following courses to AMCS:

- AMST 201: Origins of Multicultural America (4 cr.)
- AMST 202: Modern Multicultural America (4 cr.)

4. Nursing Department (second hearing – first hearing heard at 11/2/04 APAC meeting.

Barbara Vellenga, Donna Heald, Barb Matthees, Jane Giedt, and Shawn Dunkirk from Chemistry were present to answer questions.

Hill moved. Wallert seconded to approve the course credit modification for:
 NURS 475L Nursing Preceptorship (Credit and prerequisite change) (4)
 Motion carried unanimously.

There were no concerns with the following minor changes:
 NURS 348L Public Health Nursing (New course description and change in prerequisite) (4)
 NURS 350 Applied Pathophysiology (Change in prerequisite) (4)
 NURS 362 Transcultural Nursing (Change in course number and change in prerequisite) (3)
 NURS 420 Gerontology Nursing (Change in prerequisite) (2)
 NURS 430 Nursing Research (Change in prerequisite) (3)
 NURS 474 Nursing Preceptorship Seminar (Change in prerequisite) (1)

The Nursing Department provided APAC with the following RN to BSN Track prerequisites or corequisites:
 NURS 348L Prerequisite or corequisite:
 NURS 302
 NURS 350L Prerequisite or corequisite:
 NURS 302
 NURS 362 Prerequisite or corequisite:
 NURS 302
 NURS 420 Prerequisite or corequisite:
 NURS 302
 NURS 430 Prerequisite or corequisite:
 NURS 302
 NURS 474 Prerequisite or corequisite:
 NURS 302
 NURS 475L Prerequisite :
 NURS 474

Gess moved. Cagle seconded to approve the following New Course Proposals in the Nursing rubric:
 NURS 110L Introduction to Professional Nursing (4)
 NURS 112 The Professional Nurse of the Future (2)
 NURS 120 Adult Health I (4)
 NURS 120L Clinical Nursing I (3)
 NURS 220L Family Nursing I (4)
 NURS 225 Nursing Pharmacology (3)
 NURS 230L Family Nursing II (4)
 NURS 240 Adult Health II (3)
 NURS 240L Clinical Nursing II (2)
 NURS 340L Psychiatric Nursing: Contemporary Practice (4)

NURS 360L Designing and Managing Nursing Care (2)
 NURS 465L Clinical Nursing III (8)
 NURS 470 Leadership and Professional Issues (2)
 Motion carried unanimously.

Gess moved. Hamrick seconded to approve the following New Course Proposals in the Biology rubric:
 BIOL 125 Anatomy and Physiology I (3)
 BIOL 126 Anatomy and Physiology II (3)
 Motion carried unanimously.

Gess moved. Schwartz seconded to approve the following New Course Proposal in the Chemistry rubric:
 CHEM 212 Principles of Chemistry (4)
 Motion carried unanimously.

Sanderson moved. Wallert seconded to approve the Generic Baccalaureate Nursing Proposal.
 Motion carried unanimously.

5. American Multicultural Studies Department
 Phyllis May-Machunda arrived to answer questions.

Schwartz moved. Hill seconded to approve the following: (The Liberal Studies Committee has approved the following changes)
 Change the rubric of all MCS courses to AMCS.

Change the rubric of the following courses to AMCS:
 AMST 201: Origins of Multicultural America (4 cr.)
 AMST 202: Modern Multicultural America (4 cr.)
 Motion carried unanimously.

Meeting adjourned at 4:35 p.m.
 Jo Berg

MSUM ALUMNA ART EXHIBIT OPENS JAN. 11
 Visual artist Jill Odegaard will exhibit her works in a show titled "Evolving Patterns" Jan. 11-26 at MSUM's Roland Dille Center for the Arts gallery. An artists' reception will be held Wednesday, Jan. 26 from 4 to 6 p.m. It's free and open to the public.

Jill Odegaard, who received a BFA from MSUM and an MFA from the Minneapolis College of Art and Design, is an assistant professor of art at Cedar Crest College, Allentown, Pa. She's had solo and group exhibitions throughout the country, including the recent "Material Metaphors."

Gallery hours are 9 a.m. to 6 p.m. Monday, Tuesday and Thursday and 9 a.m. to 5 p.m. Wednesday and Friday.

DALE CARNEGIE TRAINING BEGINS FEB.
 MSUM will host a 12-week Dale Carnegie course beginning Feb. 9. The training meets Wednesdays from 1:30-5 p.m. in Comstock Memorial Union.

The course is for anyone who wants to enhance his or her personal and professional life. This results-oriented course focuses on improving self-confidence, business

and personal relationships, stress and worry, leadership skills, and communication skills.

'Practice Makes Permanent' describes the Dale Carnegie teaching methodology. After identifying breakthrough goals and vision, participants will make weekly progress toward achieving them.

Dale Carnegie training is taught by certified trainers from Eide Bailly who demonstrate energy, enthusiasm and excellence in their facilitation of the course.

For more information on this Dale Carnegie course, contact: MSUM Customized Training Coordinator Kathleen Paulson at 477.5051 or paulsonk@mnstate.edu.

STUDENT LEADER OF THE MONTH

The Student Organization Advisory Committee presented Paul Dustin with the Student Leader of the Month Award for December and January. He was nominated by Kathy Scott, advisor for the Non-Traditional Student Association.

Paul is an advocate for older than average students. The growth and success of NTSA is his main goal for the year. In the fall, Paul facilitated a Non-Traditional Student Orientation session and organized and participated in DragonFest. In addition to being president of NTSA, president of MSUM Dragon Transfer Connection, working two jobs, and being a student, Paul regularly holds Brown Bag luncheons and keeps weekly office hours. Every day Paul is positive and enthusiastic about what NTSA can do for MSUM students.

Also nominated for the Student Leader of the Month Award for December and January include: Billy Holmes, nominated by Student Senate; Paulette Oven, nominated by Student Council for Exceptional Children; and Katie Myrmel, nominated by Ad Club. Congratulations to those who were nominated!

If you would like to nominate someone you know to be the Student Leader of the Month for February, please stop by the Office of Student Activities, CMU 229, to pick up a nomination form or visit online at www.mnstate.edu/osa under Programs and Services/Leadership. *All nominations for February are due by Wednesday, January 26.

MISCELLANEA

* **Sue Humphers-Ginther**, Sociology and Criminal Justice, attended the conference, "Financing Long-term Care in the 21st Century", on December 3 in Brooklyn Center, MN. The conference was co-sponsored by the Minnesota Department of Human Services and the University of Minnesota Center on Aging and was the culmination of seven policy briefings conducted over the last several months on long-term care reform in Minnesota. By far, the largest source of long-term care support (valued at over \$5 billion annually in Minnesota alone) is provided by families; yet, the need for paid long-term care services is expected to skyrocket in the near future as the baby boom generation begins to retire in 2011. Poor lifetime savings rates and reductions in

available family members to provide care (fewer spouses and adult children) are likely to result in overwhelming numbers of Minnesotans needing and eligible for publicly funded long-term care through Medicaid that could crush the state budget, already shaky from deficits and reductions in revenues. This conference explored ways to change the way that long-term care is financed in order to prepare for the anticipated increase in need. The Minnesota Department of Human Services is conducting a feasibility study for the legislature to study the variety of options that could help individuals and families use their own resources, thereby reducing dependence on the state.

* **Gary Nickell**, Psychology, co-authored a paper titled "Positive reactions to working in groups in a study of group and individual goal decision making" with Dr. Verlin Hinsz at North Dakota State University. The paper was published in the December 2004 issue of the journal *Group Dynamics: Theory, Research, and Practice*.

* **Michael Missiras**, Music, performed and taught in Paris from Oct. 11-14. He played trumpet with the Larry Browne Quartet at Cafe Luticia in the Hotel Luticia and was the featured guest performer with the Christian Bremmer Trio at Cafe Laurent in Saint Germain. He also taught a composition master class at the Bill Evans Academy; Counterpoint and Contrapuntal Textures: in Tonal Music, Post-Tonal Music, Written Jazz, Improvised Jazz and Film Music. He cited musical examples from his works as well as the works of others. Missiras was also featured at the Concordia Fall Jazz Concert. His composition "Brooklyn Stories," originally written for the Los Angeles studio musician Roger Neuman, was performed by the Concordia Studio Orchestra (orchestra and jazz ensemble.) Missiras was featured on trumpet.

* **A. Derick Dalhouse**, Psychology, was a member of a three person American Psychological Association Site Visit Team that went to Immaculata University, Nov. 28 - 30, to evaluate its Psy.D. degree program. The other team members were; Philip Farber, Ph.D., Director of Clinical Training, School of Psychology, Florida Institute of Technology, Melbourne, FL and LaPearl Logan Winfrey, Ph.D., Associate Dean of Clinical Training and Psychological Services, Wright State University School of Professional Psychology, Dayton, OH.

* **Jim Kaplan**, Languages and Cultures, spoke at the meeting of the Fylgia Lodge of the Vasa Order of America on Jan. 11 at the Swedish American Hall in San Francisco. His topic was "The Swedish Pavilion at the 1915 Panama Pacific International Exposition." The Pavilion, designed by famed Swedish architect Ferdinand Boberg, was one of the most noted exhibits at this World's Fair, which remains a great moment in San Francisco history.

CLASSIFIEDS

* For Sale: Bethany Heritage Lefse Grill and Toastmaster Bread Machine both in excellent condition. Contact Mary Jane @ 477-4646 or 498-2729.

* The Etcetera Shop is offering all holiday merchandise at 75% off until January 21st! Now is the time to fill the gaps you had in last year's Christmas tree by taking advantage of this great sale. Hours this week are 10 a.m. – 2 p.m., Monday - Friday. Regular hours begin, Monday, January 10. Stop by the Comstock Memorial Union's Etcetera Shop today!