Developmental Checklists
Birth to Five


For more information or assistance call the ECDC at 315-443-4444 or 1-800-962-5488. You can also contact us via e-mail at ecdc@syr.edu.
DEVELOPMENTAL CHECKLIST - ONE TO THREE MONTHS  
(Revised as of 1/8/96)

CHILD’S NAME: ____________________________________________________________

DATE OF BIRTH: ________________________________

PARENT OR GUARDIAN: ___________________________________________________

<table>
<thead>
<tr>
<th>MOVEMENT</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• RAISES HEAD AND CHEEK WHEN LYING ON STOMACH (3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• SUPPORTS UPPER BODY WITH ARMS WHEN LYING ON STOMACH (3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• STRETCHES LEGS OUT WHEN LYING ON STOMACH OR BACK (2-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• OPENS AND SHUTS HANDS (2-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• PUShes DOWN ON HIS LEGS WHEN HIS FEET ARE PLACed ON FIRM SURFACE (3 MOS.)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VISUAL</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• WATCHES FACE INTENTLY (2-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• FOLLOWS MOVING OBJECTS (2 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• RECOGNIZES FAMILIAR OBJECTS AND PEOPLE AT A DISTANCE (3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• STARTS USING HANDS AND EYES IN COORDINATION (3 MOS.)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HEARING AND SPEECH</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• SMILES AT THE SOUND OF VOICE (2-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• COOING NOISES; VOCAL PLAY BEGINS AT 3 MOS.</td>
<td></td>
</tr>
<tr>
<td>• ATTENDS TO SOUND (1-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• STARTLES TO LOUD NOISE (1-3 MOS.)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOCIAL/EMOTIONAL</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• BEGINS TO DEVELOP A SOCIAL SMILE (1-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• ENJOYS PLAYING WITH OTHER PEOPLE AND MAY CRY WHEN PLAYING STOPS (2-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• BECOMES MORE COMMUNICATIVE AND EXPRESSIVE WITH FACE &amp; BODY (2-3 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• IMITATES SOME MOVEMENTS AND FACIAL EXPRESSIONS</td>
<td></td>
</tr>
</tbody>
</table>
DEVELOPMENTAL RED FLAGS (ONE TO THREE MONTHS)

• DOESN’T SEEM TO RESPOND TO LOUD NOISES
• DOESN’T FOLLOW MOVING OBJECTS WITH EYES BY 2 TO 3 MONTHS
• DOESN’T SMILE AT THE SOUND OF YOUR VOICE BY 2 MONTHS
• DOESN’T GRASP AND HOLD OBJECTS BY 3 MONTHS
• DOESN’T SMILE AT PEOPLE BY 3 MONTHS
• CANNOT SUPPORT HIS HEAD WELL AT 3 MONTHS
• DOESN’T REACH FOR AND GRASP TOYS BY 3 TO 4 MONTHS
• DOESN’T BRING OBJECTS TO HER MOUTH BY 4 MONTHS
• DOESN’T PUSH DOWN WITH LEGS WHEN HIS FEET ARE PLACED ON A FIRM SURFACE BY 4 MONTHS
• HAS TROUBLE MOVING ONE OR BOTH EYES IN ALL DIRECTIONS
• CROSSES HER EYES MOST OF THE TIME (OCCASIONAL CROSSING OF THE EYES IS NORMAL IN THESE FIRST MONTHS)

COMMENTS:______________________________________________________________________________________________
____________________________________________________________________________________________________
___________________________________________________________________________________________________________
_______________________________________________
____________________________________________________________
___________________________________________________________________________________________________________
_______________________________________________________________________________________
____________________
DEVELOPMENTAL CHECKLIST - FOUR TO SEVEN MONTHS

CHILD’S NAME:___________________________________________________________________________________________
DATE OF BIRTH:___________________________________________________________________________________________
PARENT OR GUARDIAN:______________________________________________________________________________________

<table>
<thead>
<tr>
<th>MOVEMENT</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• PUSHES UP ON EXTENDED ARMS (5 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• PULLS TO SITTING WITH NO HEAD LAG (5 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• SITS WITH SUPPORT OF HIS HANDS (5-6 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• SITS UNSUPPORTED FOR SHORT PERIODS (6-8 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• SUPPORTS HIS/HER WHOLE WEIGHT ON HIS/HER LEGS (6-7 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• GRASPS FEET (6 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• TRANSFERS OBJECTS FROM HAND TO HAND (6-7 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• USES RAISING GRASP (NOT PINCER) (6 MOS.)</td>
<td></td>
</tr>
</tbody>
</table>

| VISUAL                                                                    |               |
| • LOOKS FOR TOY BEYOND TRACKING RANGE (5-6 MOS.)                         |               |
| • TRACKS MOVING OBJECTS WITH EASE (4-7 MOS.)                             |               |
| • GRASPS OBJECTS DANGLING IN FRONT OF HIM (5-6 MOS.)                     |               |
| • LOOKS FOR FALLEN TOYS (5-7 MOS.)                                       |               |

| LANGUAGE                                                                  |               |
| • DISTINGUISHES EMOTIONS BY TONE OF VOICE (4-7 MOS.)                     |               |
| • RESPONDS TO SOUND BY MAKING SOUNDS (4-6 MOS.)                           |               |
| • USES VOICE TO EXPRESS JOY AND DISPLEASURE (4-6 MOS.)                   |               |
| • SYLLABLE REPETITION BEGINS (5-7 MOS.)                                   |               |

| COGNITIVE                                                                 |               |
| • FINDS PARTIALLY HIDDEN OBJECTS (6-7 MOS.)                              |               |
| • EXPLORES WITH HANDS AND MOUTH (4-7 MOS.)                               |               |
| • STRUGGLES TO GET OBJECTS THAT ARE OUT OF REACH (5-7 MOS.)              |               |
SOCIAL EMOTIONAL

• ENJOYS SOCIAL PLAY (4-7 MOS.)
• INTERESTED IN MIRROR IMAGES (5-7 MOS.)
• RESPONDS TO OTHER PEOPLE’S EXPRESSION OF EMOTION (4-7 MOS.)

DATE OBSERVED

DEVELOPMENTAL RED FLAGS (FOUR TO SEVEN MONTHS)

• SEEMS VERY STIFF, TIGHT MUSCLES
• SEEMS VERY FLOPPY, LIKE A RAG DOLL
• HEAD STILL FLOPS BACK WHEN BODY IS PULLED TO SITTING POSITION (BY 5 MONTHS STILLS EXHIBITS HEAD LAG)
• SHOWS NO AFFECTION FOR THE PERSON WHO CARES FOR HIM/HER
• DOESN’T SEEM TO ENJOY BEING AROUND PEOPLE
• ONE OR BOTH EYES CONSISTENTLY TURN IN OR OUT
• PERSISTENT TEARING, EYE DRAINAGE, OR SENSITIVITY TO LIGHT
• DOES NOT RESPOND TO SOUNDS AROUND HIM
• HAS DIFFICULTY GETTING OBJECTS TO HER MOUTH
• DOES NOT TURN HIS HEAD TO LOCATE SOUNDS BY 4 MONTHS
• DOESN’T ROLL OVER (STOMACH TO BACK) BY 6 MONTHS
• CANNOT SIT WITH HELP BY 6 MONTHS (NOT BY THEMSELVES)
• DOES NOT LAUGH OR MAKE SQUEALING SOUNDS BY 5 MONTHS
• DOES NOT ACTIVELY REACH FOR OBJECTS BY 6 MONTHS
• DOESN’T FOLLOW OBJECTS WITH BOTH EYES
• DOES NOT BEAR SOME WEIGHT ON LEGS BY 5 MONTHS

COMMENTS:______________________________________________________________________________________________
______________________________________________________________________________________________________
______________________________________________________________________________________________________
______________________________________________________________________________________________________
______________________________________________________________________________________________________
______________________________________________________________________________________________________
DEVELOPMENTAL CHECKLIST - EIGHT TO TWELVE MONTHS

CHILD'S NAME: _____________________________________________

DATE OF BIRTH: ______________________________________________________________________________________

PARENT OR GUARDIAN: __________________________________________________________________________________

<table>
<thead>
<tr>
<th>MOVEMENT</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• GETS TO SITTING POSITION WITHOUT ASSISTANCE (8-10 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• CRAWLS FORWARD ON BELLY</td>
<td></td>
</tr>
<tr>
<td>• ASSUMES HAND AND KNEE POSITION</td>
<td></td>
</tr>
<tr>
<td>• CREEPS ON HANDS AND KNEES</td>
<td></td>
</tr>
<tr>
<td>• GETS FROM SITTING TO CRAWLING OR PRONE (LYING ON STOMACH) POSITION (10-12 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• PULLS SELF UP TO STANDING POSITION</td>
<td></td>
</tr>
<tr>
<td>• WALKS HOLDING ONTO FURNITURE</td>
<td></td>
</tr>
<tr>
<td>• STANDS MOMENTARILY WITHOUT SUPPORT</td>
<td></td>
</tr>
<tr>
<td>• MAY WALK TWO OR THREE STEPS WITHOUT SUPPORT</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HAND AND FINGER SKILLS</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• USES PINCER GRASP (7-10 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• BANGS TWO CUBES TOGETHER</td>
<td></td>
</tr>
<tr>
<td>• PUTS OBJECTS INTO CONTAINER (10-12 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• TAKES OBJECTS OUT OF CONTAINER (10-12 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• POKES WITH INDEX FINGER</td>
<td></td>
</tr>
<tr>
<td>• TRIES TO IMITATE SCRIBBLING</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>COGNITIVE</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• EXPLORES OBJECTS IN MANY DIFFERENT WAYS (SHAKING, BANGING, THROWING, DROPPING (8-10 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• FINDS HIDDEN OBJECTS EASILY (10-12 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• LOOKS AT CORRECT PICTURE WHEN IMAGE IS NAMED</td>
<td></td>
</tr>
<tr>
<td>• IMITATES GESTURES (9-12 MOS.)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LANGUAGE MILESTONES</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• RESPONDS TO SIMPLE VERBAL REQUESTS</td>
<td></td>
</tr>
<tr>
<td>• RESPONDS TO “NO”</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LANGUAGE MILESTONES (continued)</th>
<th>DATE OBSERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>• MAKES SIMPLE GESTURES SUCH AS SHAKING HEAD FOR NO (8-12 MOS.)</td>
<td></td>
</tr>
<tr>
<td>• BABBLES WITH INFLICTION (8-10 MOS.)</td>
<td></td>
</tr>
</tbody>
</table>
• BABBLES “DADA” AND “MAMA” (8-10 MOS.)
• SAYS “DADA” AND “MAMA” FOR SPECIFIC PERSON (11-12 MOS.)
• USES EXCLAMATIONS SUCH AS “OH-OH”

SOCIAL/EMOTIONAL
• SHY OR ANXIOUS WITH STRANGERS (8-12 MOS.)
• CRIES WHEN MOTHER OR FATHER LEAVES (8-12 MOS.)
• ENJOYS IMITATING PEOPLE IN HIS PLAY (10-12 MOS.)
• SHOWS SPECIFIC PREFERENCES FOR CERTAIN PEOPLE AND TOYS (8-12 MOS.)
• PREFERENCES MOTHER AND/OR REGULAR CARE PROVIDER OVER ALL OTHERS (8-12 MOS.)
• REPEATS SOUNDS OR GESTURES FOR ATTENTION (10-12 MOS.)
• FINGER-FEEDS HIMSELF (8-12 MOS.)
• EXTENDS ARM OR LEG TO HELP WHEN BEING DRESSED

DEVELOPMENTAL RED FLAGS (EIGHT TO TWELVE MONTHS)
• DOES NOT CRAWL
• DRAGS ONE SIDE OF BODY WHILE CRAWLING (FOR OVER ONE MONTH)
• CANNOT STAND WHEN SUPPORTED
• DOES NOT SEARCH FOR OBJECTS THAT ARE HIDDEN (10-12 MOS.)
• DOES NOT SAY SINGLE WORDS (“MAMA” OR “DADA”)
• DOES NOT LEARN TO USE GESTURES SUCH AS WAVING OR SHAKING HEAD
• DOES NOT SIT STEADILY BY 10 MOS.
• DOES NOT SHOW INTEREST IN “PEEK-A-BOO OR PATTY CAKE” BY 8 MOS.
• DOES NOT BABBLE BY 8 MOS.
• DOES NOT BABBLE BY 8 MOS. (“DADA,” “BABA”, “MAMA”)

COMMENTS: __________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

DEVELOPMENTAL CHECKLIST - TWELVE TO TWENTY-FOUR MONTHS

CHILD’S NAME: ________________________________________________________
DATE OF BIRTH: _______________________________________________________
PARENT OR GUARDIAN: _______________________________________________

MOVEMENT
• WALKS ALONE (12-16 MOS.)

DATE OBSERVED ___________________
• Pulls toys behind him while walking (13-16 mos.)
• Carries large toy or several toys while walking (12-15 mos.)
• Begins to run stiffly (16-18 mos.)
• Walks into ball (18-24 mos.)
• Climbs onto and down from furniture unsupported (16-24 mos.)
• Walks up and down stairs holding on to support (18-24 mos.)

Hand and Finger
• Scribbles spontaneously (14-16 mos.)
• Turns over container to pour out contents (12-18 mos.)
• Building tower of four blocks, or more (20-24 mos.)

Language
• Points to object or picture when it’s named for him (18-24 mos.)
• Recognizes names of familiar people, objects, and body parts (18-24 mos.)
• Says several single words (15-18 months)
• Uses two word sentences (18-24 months)
• Follows simple one-step instructions (14-18 mos.)
• Repeats words overheard in conversations (16-18 mos.)

Cognitive
• Finds objects even when hidden under 2 or 3 covers
• Begins to sort shapes and colors (20-24 mos.)
• Begins make-believe play (20-24 mos.)
SOCIAL

• IMITATES BEHAVIOR OR OTHERS, ESPECIALLY ADULTS AND OLDER CHILDREN (18-24 MOS.).

• INCREASINGLY ENTHUSIASTIC ABOUT COMPANY OR OTHER CHILDREN (20-24 MOS.).

• DEMONSTRATES INCREASING INDEPENDENCE (18-24 MOS.).

• BEGINS TO SHOW DEFIANT BEHAVIOR (18-24 MOS.).

• EPISODES OF SEPARATION ANXIETY INCREASE TOWARD MIDYEAR, THEN FADE

DATE OBSERVED

DEVELOPMENTAL RED FLAGS (TWELVE TO TWENTY-FOUR MONTHS)

• CANNOT WALK BY 18 MOS.

• FAILS TO DEVELOP A MATURE HEEL-TOE WALKING PATTERN AFTER SEVERAL MONTHS OF WALKING, OR WALKS EXCLUSIVELY ON HIS TOES

• DOES NOT SPEAK AT LEAST 15 WORDS BY 18 MOS.

• DOES NOT USE TWO WORD SENTENCES BY AGE TWO

• BY 15 MOS. DOES NOT SEEM TO KNOW THE FUNCTION OF COMMON HOUSEHOLD OBJECTS (BRUSH, TELEPHONE, BELL, FORK, SPOON)

• DOES NOT IMITATE ACTIONS OR WORDS BY 24 MOS.

• DOES NOT FOLLOW SIMPLE ONE-STEP INSTRUCTIONS BY 24 MOS.

COMMENTS:

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________
DEVELOPMENTAL CHECKLIST - TWENTY-FOUR TO THIRTY-SIX MONTHS

CHILD’S NAME: _______________________________________________________________________________________

DATE OF BIRTH: _______________________________________________________________________________________

PARENT OR GUARDIAN: __________________________________________________________________________________

MOVEMENT

• CLIMBS WELL (24-30 MOS.)

• WALKS DOWN STAIRS ALONE, PLACING BOTH FEET ON EACH STEP (26-28 MOS.)

• WALKS UP STAIRS ALTERNATING FEET WITH SUPPORT (24-30 MOS.)

• SWINGS LEG TO KICK BALL (24-30 MOS.)

• RUNS EASILY (24-26 MOS.)

• PEDALS TRICYCLE (30-36 MOS.)

• BENDS OVER EASILY WITHOUT FALLING (24-30 MOS.)

HAND AND FINGER SKILLS

• MAKES VERTICAL, HORIZONTAL, CIRCULAR STROKES WITH PENCIL OR CRAYON (30-36 MOS.)

• TURNS BOOK PAGES ONE AT A TIME (24-30 MOS.)

• BUILDS A TOWER OF MORE THAN 6 BLOCKS (24-30 MOS.)

• HOLDS A PENCIL IN WRITING POSITION (30-36 MOS.)

• SCREWS AND UNSCREWS JAR LIDS, NUTS, AND BOLTS (24-30 MOS.)

• TURNS ROTATING HANDLES (24-30 MOS.)

LANGUAGE

• RECOGNIZES AND IDENTIFIES ALMOST ALL COMMON OBJECTS AND PICTURES (26-32 MOS.)

• UNDERSTANDS MOST SENTENCES (24-40 MOS.)

• UNDERSTANDS PHYSICAL RELATIONSHIP (ON, IN, UNDER) (30-36 MOS.)

• CAN SAY NAME, AGE, AND SEX (30-36 MOS.)

• USES PRONOUNS (I, YOU, ME, WE, THEY) (24-30 MOS.)

• STRANGERS CAN UNDERSTAND MOST OF HIS/HER WORDS (3-36 MOS.)

COGNITIVE

• MAKES MECHANICAL TOYS WORK (30-36 MOS.)

• MATCHES AN OBJECT IN HIS HAND OR ROOM TO A PICTURE IN A BOOK (24-30 MOS.)

COGNITIVE (continued)

• PLAYS MAKE BELIEVE WITH DOLLS, ANIMALS, AND PEOPLE (24-36 MOS.)

• SORTS OBJECTS BY COLOR (30-36 MOS.)
• Completes puzzles with 3 or 4 pieces (24-36 mos.)
• Understands concept of “two” (26-32 mos.)

Social/Emotional
• By three, separates easily from parents
• Expresses a wide range of emotions (24-36 mos.)
• Objects to major changes in routine (24-36 mos.)

Developmental Red Flags (Twenty-Four to Thirty-Six Months)
• Frequent falling and difficulty with stairs
• Persistent drooling or very unclear speech
• Inability to build a tower of more than four blocks
• Difficulty manipulating small objects
• Inability to copy a circle by three
• Inability to communicate in short phrases
• No involvement in pretend play
• Failure to understand simple instructions
• Little interest in other children
• Extreme difficulty separating from primary caregiver

Comments:______________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
DEVELOPMENTAL CHECKLIST - THREE TO FOUR YEARS

CHILD'S NAME: ___________________________________________________________________________________________
DATE OF BIRTH: __________________________________________________________________________________________
PARENT OR GUARDIAN: _____________________________________________________________________________________

### MOVEMENT (BY THE END OF AGE 3)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Date Observed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hops and stands on one foot up to 5 seconds</td>
<td></td>
</tr>
<tr>
<td>Goes upstairs and downstairs without support</td>
<td></td>
</tr>
<tr>
<td>Kicks ball forward</td>
<td></td>
</tr>
<tr>
<td>Throws ball overhand</td>
<td></td>
</tr>
<tr>
<td>Catches bounced ball most of the time</td>
<td></td>
</tr>
<tr>
<td>Moves forward and backward</td>
<td></td>
</tr>
<tr>
<td>Uses riding toys</td>
<td></td>
</tr>
</tbody>
</table>

### HAND AND FINGER SKILLS (BY THE END OF AGE 3)

<table>
<thead>
<tr>
<th>Skill</th>
<th>Date Observed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Copies square shapes</td>
<td></td>
</tr>
<tr>
<td>Draws a person with 2 to 4 body parts</td>
<td></td>
</tr>
<tr>
<td>Uses scissors</td>
<td></td>
</tr>
<tr>
<td>Draws circles and squares</td>
<td></td>
</tr>
<tr>
<td>Begins to copy some capital letters</td>
<td></td>
</tr>
<tr>
<td>Can feed self with spoon</td>
<td></td>
</tr>
</tbody>
</table>

### LANGUAGE MILESTONES (BY THE END OF AGE 3)

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Date Observed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understands the concepts of &quot;same&quot; and &quot;different&quot;</td>
<td></td>
</tr>
<tr>
<td>Has mastered some basic rules of grammar</td>
<td></td>
</tr>
<tr>
<td>Speaks in sentences of 5 to 6 words</td>
<td></td>
</tr>
<tr>
<td>Asks questions</td>
<td></td>
</tr>
<tr>
<td>Speaks clearly enough for strangers to understand</td>
<td></td>
</tr>
<tr>
<td>Tells stories</td>
<td></td>
</tr>
</tbody>
</table>

### COGNITIVE MILESTONES (BY THE END AGE 3)

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Date Observed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Correctly names some colors</td>
<td></td>
</tr>
<tr>
<td>Understands the concept of counting and may know a few numbers</td>
<td></td>
</tr>
</tbody>
</table>

### COGNITIVE MILESTONES (BY THE END AGE 3) (continued)

<table>
<thead>
<tr>
<th>Milestone</th>
<th>Date Observed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Begins to have a clearer sense of time</td>
<td></td>
</tr>
<tr>
<td>Follows three-part commands</td>
<td></td>
</tr>
</tbody>
</table>
• RECALLS PARTS OF A STORY
• UNDERSTANDS THE CONCEPT OF SAME/DIFFERENT
• ENGAGES IN FANTASY PLAY
• UNDERSTANDS CAUSALITY ("I CAN MAKE THINGS HAPPEN")

SOCIAL MILESTONES (BY THE END OF AGE 3)
• INTERESTED IN NEW EXPERIENCES
• COOPERATES/PLAYS WITH OTHER CHILDREN
• PLAYS "MOM" OR "DAD"
• MORE INVENTIVE IN FANTASY PLAY
• DRESSES AND UNDRESSES
• MORE INDEPENDENT

EMOTIONAL MILESTONES (BY THE END OF AGE 3)
• OFTEN CANNOT DISTINGUISH BETWEEN FANTASY AND REALITY
• MAY HAVE IMAGINARY FRIENDS OR SEE MONSTERS

DEVELOPMENTAL RED FLAGS (THREE TO FOUR YEARS)
• CANNOT JUMP IN PLACE
• CANNOT RIDE A TRIKE
• CANNOT GRASP A CRAYON BETWEEN THUMB AND FINGERS
• HAS DIFFICULTY SCRIBBLING
• CANNOT COPY A CIRCLE
• CANNOT STACK FOUR BLOCKS
• STILL CLINGS OR CRIES WHEN PARENTS LEAVE HIM
• SHOWS NO INTEREST IN INTERACTIVE GAMES
• IGNORES OTHER CHILDREN
• DOESN'T RESPOND TO PEOPLE OUTSIDE THE FAMILY
• DOESN'T ENGAGE IN FANTASY PLAY
• RESISTS DRESSING, SLEEPING, USING THE TOILET
• LASHES OUT WITHOUT ANY SELF-CONTROL WHEN ANGRY OR UPSET
• DOESN'T USE SENTENCES OF MORE THAN THREE WORKS
• DOESN'T USE "ME" OR "YOU" APPROPRIATELY

COMMENTS: _____________________________________________
_________________________________________________________________________________________
_________________________________________________________________________________________
_________________________________________________________________________________________
DEVELOPMENTAL CHECKLIST - FOUR TO FIVE YEARS

CHILD'S NAME: ___________________________________________________________________________________________

DATE OF BIRTH: __________________________________________________________________________________________

PARENT OR GUARDIAN: ____________________________________________________

MOVEMENT (BY THE END OF AGE 4)                                           DATE OBSERVED
• STANDS ON ONE FOOT FOR 10 SECONDS OR LONGER __________________________
• HOPS, SOMERSAULTS ____________________________________________________
• SWINGS, CLIMBS ______________________________________________________
• MAY BE ABLE TO SKIP _________________________________________________

MILESTONES IN HAND AND FINGER SKILLS (BY THE END OF AGE 4)
• COPIES TRIANGLE AND OTHER GEOMETRIC PATTERNS _________________________
• DRAWS PERSON WITH BODY ____________________________________________
• PRINTS SOME LETTERS ________________________________________________
• DRESSES AND UNDRESSES WITHOUT ASSISTANCE __________________________
• USES FORK, SPOON __________________________________________________
• USUALLY CARES FOR OWN TOILET NEEDS _________________________________

LANGUAGE MILESTONES BY THE END OF AGE 4
• RECALLS PARTS OF A STORY _____________________________________________
• SPEAKS SENTENCES OF MORE THAN 5 WORDS ______________________________
• USES FUTURE TENSE __________________________________________________
• TELLS LONGER STORIES ______________________________________________
• SAYS NAME AND ADDRESS _____________________________________________

COGNITIVE MILESTONES BY THE END OF AGE 4
• CAN COUNT 10 OR MORE OBJECTS ________________________________________
• CORRECTLY NAMES AT LEAST 4 COLORS __________________________________
• BETTER UNDERSTANDS THE CONCEPT OF TIME _____________________________
• KNOWS ABOUT THINGS USED EVERY DAY IN THE HOME (MONEY, FOOD, ETC.) __________
SOCIAL MILESTONES BY THE END OF AGE 4

• WANTS TO PLEASE AND BE WITH FRIENDS
• MORE LIKELY TO AGREE TO RULES
• LIKES TO SING, DANCE, AND ACT
• SHOWS MORE INDEPENDENCE

DEVELOPMENTAL RED FLAGS (FOUR TO FIVE YEARS)

• EXHIBITS EXTREMELY AGGRESSIVE, FEARFUL OR TIMID BEHAVIOR
• IS UNABLE TO SEPARATE FROM PARENTS
• IS EASILY DISTRACTED AND UNABLE TO CONCENTRATE ON ANY SINGLE ACTIVITY FOR MORE THAN 5 MINUTES
• SHOWS LITTLE INTEREST IN PLAYING WITH OTHER CHILDREN
• REFUSES TO RESPOND TO PEOPLE IN GENERAL
• RARELY USES FANTASY OR IMITATION IN PLAY
• SEEMS UNHAPPY OR SAD MUCH OF THE TIME
• AVOIDS OR SEEMS ALOOF WITH OTHER CHILDREN AND ADULTS
• DOESN'T EXPRESS A WIDE RANGE OF EMOTIONS
• HAS TROUBLE EATING, SLEEPING OR USING THE TOILET
• CAN'T DIFFERENTIATE BETWEEN FANTASY AND REALITY
• SEEMS UNUSUALLY PASSIVE
• CANNOT UNDERSTAND TWO PART COMMANDS AND PREPOSITIONS ("PUT THE CUP ON THE TABLE"; "GET THE BALL UNDER THE COUCH"
• CAN'T GIVE HIS FIRST AND LAST NAME
• DOESN'T USE PLURALS OR PAST TENSE
• CANNOT BUILD A TOWER OF 6 TO 8 BLOCKS
• SEEMS UNCOMFORTABLE HOLDING A CRAYON
• HAS TROUBLE TAKING OFF CLOTHING
• CANNOT BRUSH HIS TEETH OR WASH AND DRY HIS HANDS

COMMENTS:_____________________________________________________________________________________________
____________________________________________________________________________________________________________
_________________________________________________________________________________________________________