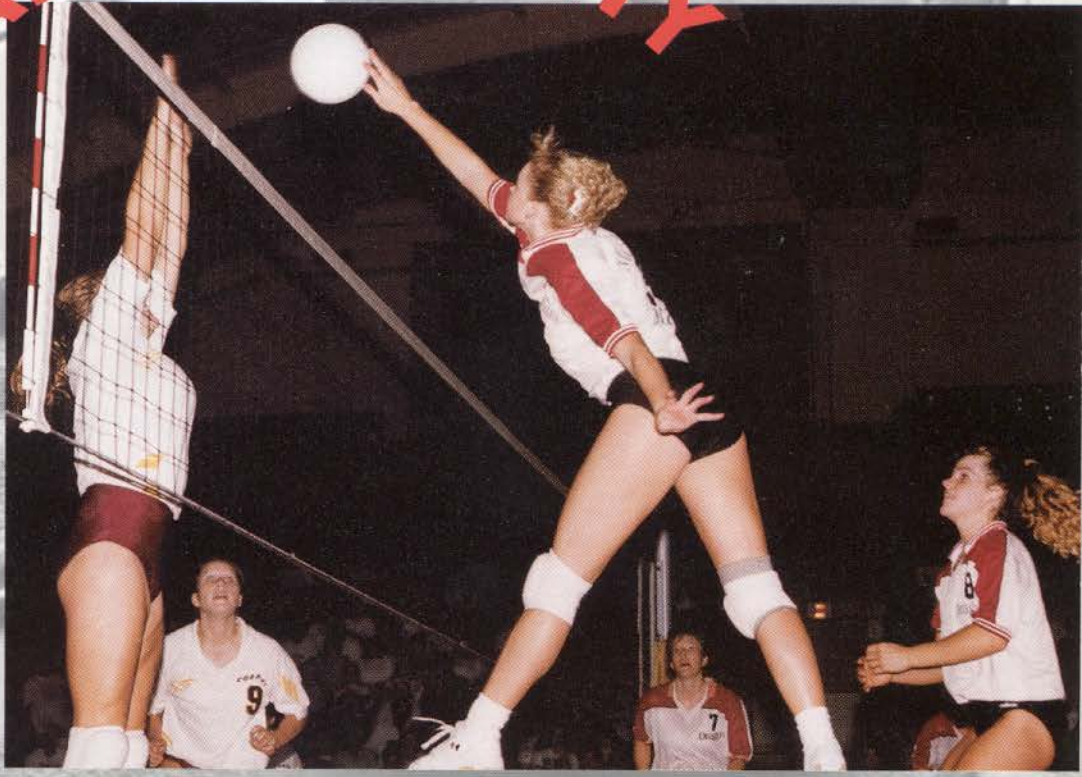


94

WOORHEAD STATE UNIVERSITY



VOLLEYBALL



1994 Schedule

Date	Opponent	H/A	Time
SEPTEMBER			
2-3	SSU Pre-Season Classic	Away	TBA
7	Concordia College	Away	7:00
9-10	Bemidji State Invitational	Away	TBA
13	NORTH DAKOTA	Home	7:00
14	South Dakota	Away	7:00
21	*NORTHERN STATE	Home	7:00
23-24	DRAGON INVITATIONAL	Home	TBA
28	*Bemidji State	Away	7:00
30-1	SDSU Burger King Classic	Away	TBA
OCTOBER			
7	Jamestown College	Away	7:00
8	*WINONA STATE	Home	1:00
12	*UM MORRIS	Home	7:00
14	*UM Duluth	Away	5:00
15	UMD Invitational	Away	TBA
18	North Dakota	Away	7:30
21-23	NSIC Championships at Duluth	Away	TBA
26	CONCORDIA COLLEGE	Home	7:00
28	North Dakota State	Away	7:00
NOVEMBER			
1	*Southwest State	Away	7:00

*Northern Sun Intercollegiate Conference match

Dragons Eye Return To The NSIC Summit This Fall

by Larry Scott,
MSU Sports Information Director

When Moorhead State University officially christens its 1994 campaign by enrolling in the SSU/NAIA Pre-Season Classic in early September, the Dragons have an instant opportunity to reestablish some national credibility, and to lay the foundation for a ninth consecutive winning season.

Ambitious goals, perhaps, but not to the rebuilt Dragons of '94 who want more, much more, from the approaching season.

Becky Schulze begins her fourth season as boss of the Dragons with seven varsity letterwinners, but some refurbishing must be done. Missing is four-year letterwinner Michelle Larson, the NAIA District 13 Player of the Year last fall, and NAIA Academic All-American Sara Radniecki. Still, MSU has every reason to believe it can surpass last year's 23-12 finish.

Much of the Dragon optimism springs from the return of a group of trusty veterans, including senior NAIA second team all-American outside hitter Carrie Hegg, junior setter Sara Myskevitz, senior defensive specialist Tanya Wales and junior middle blocker Shawnette VanderWolde.

Sophomores Leah Halvorson, Robin Schroeder and Stacy Stadlander all filled backup roles last fall and will fill larger assignments this fall.

In addition, junior Shannon McQuade, a transfer from North Dakota State, will get a thorough look from Schulze and should

provide some vital inside firepower. Freshmen Emily Hegg and Angie Michels could make instant imprints at State as well.

THE WORLD ACCORDING TO SCHULZE:

New Look Dragons: "We gained a lot of maturity and confidence last year, and we've progressed since our last match of '93. This group learned a great deal last year as a young team. They are no longer trying to fill somebody's shoes, and they appear to have a lot more confidence."

Improvements: "Our biggest improvements should be defense and ball control. We should have more than one individual to go to at crunch time. In the past we have relied on just one player, but this year I am confident we have two or three players who can put the ball away for us when we really need it."

Goals: "Our first goal is to win the conference title. I think it's very important to have that focus. That will be especially important in the future when we get into the NCAA Division II, because our conference champion should qualify automatically for the national playoffs."

NAIA National Tournament:

"Winning the conference is our first goal, but we certainly want to go to the nationals, too. I am confident that we have an opportunity to do extremely well at the NAIA's this year. It's really up to our players if they want to accept that challenge."

Schedule: "I am very impressed by the strength of our schedule. Our tournament (Dragon Invitational) will be very exciting, with a lot of great teams coming to our court. In addition to our conference matches, we will get to play North Dakota State and North Dakota twice during the season, and we'll be going back to the SDSU tournament. We also open at the SSU/NAIA Pre-Season Classic. We would like to win that, but that means peaking very early."

NSIC Race: "University of Minnesota-Duluth will be very strong. They lost their setter but return almost everybody else. Southwest State and ourselves could also battle for the title. I don't know a lot about the rest of the league, with all the new coaches."

Coaches

Head Coach Becky Schulze



It is surely more than simple coincidence that Moorhead State University ascended to the elite upper echelon of collegiate volleyball shortly after the appointment of BECKY SCHULZE as Dragon head coach in 1991.

Indeed, much of the credit for the Dragons' recent good fortune can be directly traced to the arrival of Schulze as the fourth head coach in Moorhead State volleyball history.

She debuted in style with a 25-13 finish in 1991, the first rookie coach to reach the magical 25-win plateau at MSU. In her second season, Schulze and the Dragons matched the MSU single season record of 36 victories during a splendid 36-11 encore, and harvested 23 victories in 1993.

Schulze prodded the Dragons to a perfect Northern Sun Intercollegiate Conference finish (12-0) in 1992 and a third trip to the National Association of Intercollegiate Athletics (NAIA) Championships.

Schulze was saluted by volleyball coaching comrades as Coach of

the Year in both the NSIC and NAIA District 13 in 1992, and repeated as NAIA District 13 Coach of the Year last fall.

Schulze clearly brought a classy volleyball portfolio to her assignment at Moorhead State. She was a major contributor to the smashing volleyball success story at North Dakota State University as an undergraduate, and collected four varsity letters with the Bison. She secured a starting role at setter as a junior and sparked NDSU to a 73-9 record and matching North Central Conference Championships in 1988 and 1989.

Schulze's spirited play attracted the national spotlight as well. She was a two-time American Volleyball Coaches Association (AVCA) All-American and an Asics Tiger/Volleyball Monthly All-American, an All-AVCA Region selection, and a three-time All-NCC selection. Schulze was honored as the All-NCAA Regional MVP in 1989.

In addition to her volleyball responsibilities at State, Schulze also serves as MSU softball coach and athletic department compliance officer. Last spring she guided the Dragons to a 26-11 finish and an appearance at the NAIA National Championships in her first year on the job.

A native of Minneapolis, Schulze graduated from Roosevelt High School in 1986, and completed a degree in sociology at Moorhead State in 1991.

Assistant Coach LaDawn Nesje

A four-year volleyball letterwinner at Northern State University and a three-year starter, LaDAWN NESJE begins her first season at Moorhead State University as varsity assistant coach this fall.

Nesje replaces Amy Gernand as Dragon varsity assistant coach.

Nesje started for three years at setter for the Wolves, and was saluted with National Association of Intercollegiate Athletics (NAIA) District 12 laurels as a senior. Nesje graduated from Northern State in 1993 with an elementary education major. She also served as a member of the Aberdeen (SD) Central volleyball coaching staff for four years.

A graduate of Washington High School in Sioux Falls, SD, Nesje competed in volleyball, basketball, tennis and softball. She was a two-year volleyball captain and was named to the select South Dakota State Class AA All-Star team following her senior season.

1994 Roster

By Number

No.	Name	Pos.	Ht.	Yr.	Hometown (H.S.)
12	Leah Halvorson	OH/MB	5-9	So.	Starbuck (Minnewaska)
8	Carrie Hegg	OH	5-8	Sr.	McIntosh (Win-E-Mac)
10	Emily Hegg	OH	5-10	Fr.	McIntosh (Win-E-Mac)
1	Emily Holte	S	5-2	Fr.	Shelly (Norman County West)
5	Shannon McQuade	MB	5-11	Jr.	Bismarck, ND
11	Angie Micheals	MB	5-9	Fr.	Moorhead
4	Sara Myskevitz	S	5-6	Jr.	Chanhassen (Minnetonka)
6	Robin Schroeder	U	6-0	So.	Plymouth (Osseo)
3	Stacy Stadlander	OH	5-9	So.	Buffalo
7	Shawnette VanderWolde	MB	5-10	Jr.	Moorhead
2	Tanya Wales	OH	5-7	Sr.	Moorhead
9	Kelly Ziemicki	DS	5-10	Fr.	Hopkins

By Position

Setter:

Emily Holte, Sara Myskevitz

Outside Hitter:

Leah Halvorson, Carrie Hegg, Emily Hegg, Stacy Stadlander, Tanya Wales

Middle Backer:

Shannon McQuade, Angie Michels, Shawnette VanderWolde

DS:

Kelly Ziemiecki

Utility:

Robin Schroeder

By Year

Seniors (2):

Carrie Hegg, Tanya Wales

Juniors (3):

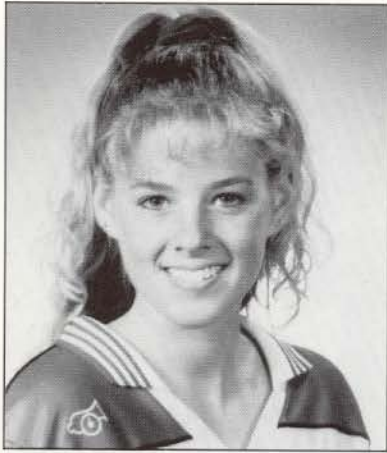
Shannon McQuade, Sara Myskevitz, Shawnette VanderWolde

Sophomores (3):

Leah Halvorson, Robin Schroeder, Stacy Stadlander

Freshmen (4):

Emily Hegg, Emily Holte,
Angie Michels, Kelly Ziemiecki



Leah Halvorson

Sophomore / 5-9 / Outside Hitter/Middle Blocker / Starbuck, Minnesota

Lettered at State as a freshman in a backup assignment, projected to fill larger role as a sophomore. . . Appeared in 16 varsity games, credited with 16 kills and a commendable .350 hitting percentage, also had 11 digs. . . Collected flock of prep honors at Minnewaska High School, three-year varsity starter, all-conference and second team all-area choice as a senior. . . Named Best Offensive Player as a senior, helped Lakers forge a 17-7 record in 1992. . . Competed with success in basketball as well at Minnewaska High. . . Psychology major. . . Born March 19, 1975. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1993	16	16	2	40	.350	2	1	2	11	1

Career Bests

- Kills:** 6 vs. Minot State, 10/26/93
- Attacks:** 14 vs. Minot State, 10/26/93
- Percentage:** .357 vs. Minot State, 10/26/93
- Service Aces:** 1 vs. Wayne State, 10/30/93
- Solo Blocks:** 1 vs. Wayne State, 10/30/93
- Block Assists:** 1 vs. Wayne State, 10/30/93
- Digs:** 7 vs. Wayne State, 10/30/93
- Assists:** 1 vs. Wayne State, 10/30/93



Emily Hegg

Freshman / 5-10 / Outside Hitter / McIntosh, Minnesota

Talented import with true Dragon bloodlines. . . Becomes fourth Hegg to participate in intercollegiate volleyball. . . Older sister Carrie Hegg was saluted as a second team NAIA All-American last fall. . . Four-year volleyball starter, three-time all-conference selection at Win-E-Mac High School. . . Helped Patriots to a runnerup finish at the 1990 Minnesota State Class A Championships, and a fourth place finish in 1991. . . Honorable mention all-state pick in 1993. . . Lettered in basketball and track at WHS as well, All-Pine-to-Prairie Conference basketball choice as a junior and senior. . . Named to Honor Band in 1992 and 1993. . . Class Salutatorian at WHS. . . Accounting major. . . Born January 6, 1976. . .



Carrie Hegg

Senior / 5-8 / Outside Hitter /
McIntosh, Minnesota

Responded to lofty pre-season billing a year ago with a marvelous campaign. . . Decorated with NAIA second team All-American honors as a junior, also named to the All-NSIC and All-NAIA District 13 honor teams. . . Played in all 122 games last fall, topped Dragons with 421 kills, 541 digs and 1280 total attempt. . . Third in the NSIC in both kills, 3.78, and digs, 4.71. . . Transferred to Moorhead State last year after two seasons at North Dakota State. . . Appeared in 37 matches for the Bison (35-5) in 1992, had 19 service aces and 132 digs. . . Graduate of Win-E-Mac High School, four-year starter for club that captured Minnesota State Class A title in 1988 and placed second in 1987 and 1990. . . Two-time all-state pick, two-time Pine-to-Prairie MVP. . . Four-time all-conference volleyball choice, two-time basketball selection. . . One of six Hegg sisters to participate in volleyball, including current Dragon freshman Emily and former NDSU standouts Nikki and Teresa Hegg. . . Member of National Honor Society at WSH. . . Elementary Education major. . . Born Dec. 22, 1972. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1993	122	421	237	1280	.222	49	22	34	541	51

Career Bests

Kills: 20 vs. UM Morris, 10/20/93
Attacks: 61 vs. UM Duluth, 10/23/93
Percentage: .500 vs. Concordia College, 9/17/93
Service Aces: 6 vs. Concordia College, 9/17/93
Solo Blocks: 4 vs. Southwest State, 10/13/93
Block Assists: 3 vs. Graceland College, 9/8/93
Digs: 28 vs. UM Duluth, 10/23/93
Assists: 5 vs. Southwest State, 10/30/93



Emily Holte

Freshman / 5-2 / Setter /
Shelly, Minnesota

One of four freshmen recruits invited to varsity pre-season camp in 1994. . . Will serve apprenticeship to incumbent setter Sara Myskevitz as a frosh. . . Four-year fixture in Norman County West High School starting array, honored as member of 1993 Minnesota Class A All-State team. . . Four-time All-Pine-to-Prairie Conference selection for the Panthers. . . Three-time all-conference basketball pick at Norman County West. . . Business Administration major. . . Born September 23, 1975. . .



Angie Michels

Freshman / 5-10 / Middle Blocker /
Moorhead, Minnesota

Product of classy Moorhead High School program, one of four freshmen imports extended invitations to pre-season drills. . . Joins fellow ex-Spuds Shawnette VanderWolde and Tanya Wales in Dragon camp. . . Three-year starter for ex-Dragon Karin Schumacher at MHS, voted Spuds' captain and Most Valuable Player as a senior. . . Named finest Best Defensive Player at Moorhead High and Most Dedicated player as a junior. . . Three-year softball starter as well, captain and Region 8AA honor selection last spring. . . Criminal Justice major. . . Born April 14, 1976. . .



Shannon McQuade

Junior / 5-11 / Middle Blocker /
Bismarck, North Dakota

Transfer from North Dakota State, should make instant impact with the Dragons. . . Ready source of valuable front row muscle and might. . . Two-year letterwinner at NDSU, credited with 162 kills and 57 blocks as a sophomore. . . Turned in precocious performance at NCAA Elite Eight in 1992 as a freshman, topped Bison with 10 kills against Cal State-Los Angeles. . . Graduate of Bismarck High School, middle hitter for BHS teams that placed second in 1989, 1991 and 1992 at North Dakota State Class A Championships. . . Finalist for North Dakota "Miss Volleyball" award as a senior, earned Class A All-State laurels. . . Three-time All-Western Dakota Conference pick. . . Prep basketball standout as well, led BHS to 1991 North Dakota Class A state title. . . Member of National Honor Society at Bismarck High. . . Broadcast Journalism/Advertising major. . . Born October 16, 1973. . .



Sara Myskevitz

Junior / 5-6 / Setter / Chanhassen, Minnesota

Installed as Dragons' starting setter in '93 and responded handsomely to the challenge. . . Played in all 122 games, credited with club high 1330 assists, 335 digs, 109 kills, 60 serve aces and 35 blocks. . . Named to the 1993 All-NAIA District 13 honor team, headlined district with 10.9 avg. . . Topped the NSIC with 13.16 avg. . . Ranks fourth on the Dragon all-time assist ledger with 1445 assists. . . Two-year letterwinner at State, participated in the 1992 NAIA National Championships as a freshman backup setter. . . Appeared in 89 games and collected 115 assists as a frosh. . . Graduate of Minnetonka High School, volleyball captain as a senior. . . Four-year volleyball letterwinner at MHS, voted Most Valuable Player three years. . . Three-time All-Lake Blue Conference selection, honorable mention All-Metro pick as a senior. . . Lettered in track and basketball for the Skippers as well, qualified for regional finals in the 100 meters as a senior. . . Varsity track letterwinner at Moorhead State as a freshman. . . Physical Education major. . . Born March 27, 1974. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1992	89	8	2	27	.125	49	0	1	183	155
1993	122	109	17	328	.280	60	10	25	335	1330
TOTAL	211	117	19	355	.276	109	10	26	518	1445

Career Bests

Kills: 2 vs. Jamestown College, 10/31/92
Attacks: 4 vs. Jamestown College, 10/31/92
Percentage: .500 vs. Jamestown College, 10/31/92
Service Aces: 5 vs. South Dakota State 11/6/92
Solo Blocks: 0
Block Assists: 1 vs. Mayville State 9/11/92
Digs: 15 vs. Northern State 10/9/92
Assists: 22 vs. Jamestown College 10/31/92



Robin Schroeder

Sophomore / 6-0 / Outside Hitter / Plymouth, Minnesota

Rookie season at Moorhead State disrupted by a leg injury. . . Played in four varsity games, had three kills. . . Should play more substantial role this fall. . . One of three freshmen to letter at MSU in 1993. . . Captain and honorable mention Region 5AA selection at Osseo Senior High School as a senior. . . Spent two seasons on the Orioles' varsity roster. . . Elementary Education major. . . Born September 7, 1974. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1993	4	3	0	7	.429	0	1	0	2	0

Career Bests

Kills: 2 vs. Southwest State 10/13/93
Attacks: 5 vs. Southwest State 10/13/93
Percentage: .429 vs. Southwest State 10/13/93
Service Aces: 0
Solo Blocks: 1 vs. Southwest State, 10/13/93
Block Assists: 0
Digs: 2 vs. Southwest State 10/13/93
Assists: 0



Stacy Stadlander

Sophomore / 5-9 / Outside Hitter /
Buffalo, Minnesota

Made sizeable splash at State last fall as a freshman, one of three frosh to earn a varsity letter. . . Played in 39 varsity games, logged 55 kills, 67 digs, 18 assists and 17 blocks. . . Installed in Dragon starting lineup midway through '93 season. . . Three-year regular at Buffalo High School, three-time All-North Suburban Conference choice. . . Named to Minnesota All-State Academic team in 1992, captain and Offensive Player of the Year. . . Lettered in track and gymnastics at BHS as well, decorated with all-league high jump honors. . . Honors graduate. . . Undeclared major.
Born October 3, 1974. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1993	39	55	20	173	.203	8	3	14	67	18

Career Bests

Kills: 7 vs. Southwest State, 10/13/93
Attacks: 25 vs. Northern State, 10/8/93
Percentage: .545 vs. Southwest State, 10/13/93
Service Aces: 3 vs. Minot State, 10/26/93
Solo Blocks: 1 vs. Minot State, 10/26/93
Block Assists: 3 vs. Minot State, 10/26/93
Digs: 11 vs. UM Morris, 10/9/93
Assists: 3 vs. Bemidji State, 10/8/93



Shawnette VanderWolde

Junior / 5-10 / Outside Hitter /
Moorhead, Minnesota

Two-year starter with the Dragons, poised for another substantial contribution in '94. . . Troubled by injuries during sophomore campaign, missed 18 games. . . Produced club high 84 blocks last fall, credited with 325 digs, 195 kills and 50 serve aces. . . Named to 1993 All-NSIC Academic team. . . Ranked fifth in the NAIA District 13 with .47 aces per games as a sophomore. . . Ninth on all-time Dragon assist ladder with 80. . . Lone rookie to claim starting role on 1992 playoff club, appeared in 125 games with 115 kills, 63 blocks, 29 service aces, 160 digs and 59 assists. . . Graduate of Moorhead High School, two-year prep starter under ex-Dragon Karin Schumacher. . . Elected volleyball captain as a senior, helped Spuds claim Region 8AA crown and placed third at the 1990 Minnesota State Class AA Championships. . . Honor Student at MHS. . . Biology major. . . Nicknamed "Netto". . . Born August 1, 1974. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1992	125	115	55	376	.160	29	7	56	160	59
1993	104	195	73	603	.202	50	25	59	325	21
Total	229	310	128	979	.186	79	32	115	485	80

Career Bests

Kills: 13 vs. Wayne State 10/30/93
Attacks: 49 vs. Winona State, 9/10/93
Percentage: .833 vs. Graceland College, 9/3/93
Service Aces: 5 vs. North Dakota, 0/17/93
Solo Blocks: 4 vs. Montevallo, 9/4/93
Block Assists: 6 vs. South Dakota, 10/29/93
Digs: 20 vs. Winona State 9/10/93
Assists: 7 vs. Azusa Pacific, 9/4/92



Tanya Wales

Senior / 5-7 / Outside Hitter /
Moorhead, Minnesota

Defensive heart of the Dragons. . . Three-year fixture in the Moorhead State cast, eyes fourth varsity letter in '94. . . Played all 381 games during stay at State, has collected 362 lifetime kills, 121 service aces and 856 digs. . . Honorable mention All-NSIC selection as a junior. . . Named to the All-Northern Sun Intercollegiate Conference Academic team as a sophomore. . . Ranked eighth in the NSIC with 3.53 digs per game. . . Begins senior campaign tied for sixth on the MSU career chart for serve aces, 121, and seventh in digs, 856. . . Finished product of remarkable Moorhead High School and Junior Olympic programs. . . Volleyball co-captain of Spuds as a senior. . . Decorated as Most Dedicated Senior at MHS, led Moorhead High to a third-place finish at the 1990 Minnesota Class AA Volleyball Championships. . . Two-year volleyball letterwinner for the Spuds, earned letters in track (4) and basketball (1) as well. . . Qualified for 1990 Class AA Track Championships. . . Member of Spuds' runnerup 4 x 200 meter relay unit. . . Lettered in track at Moorhead State for three years, qualified for 1993 NAIA National Outdoor Championships and 1994 NAIA Indoor. . . Captured NSC 100 meter title, 12.71, and placed second in the 200, 26.20, at 1992 NSC Outdoor. . . Majoring in Speech Pathology. . . Born November 17, 1972. . .

Dragon Scorecard

Year	M	K	E	TA	PCT	SA	BA	BS	DG	AS
1991	1160		2	4	.500	43	0	0	153	4
1992	14325	8	33		.515	38	0	5	271	5
1993	122337	163	1055		.164	40	6	20	432	29
Totals	381362		173	1092	.173	121	6	25	856	38

Career Bests

Kills: 15 vs. Southwest State, 11/10/93
Attacks: 67 vs. Southwest State, 10/13/93
Percentage: .471 vs. South Dakota, 10/29/93
Service Aces: 5 vs. Mayville State 9/11/92
Solo Blocks: 2 vs. Augustana, 9/17/93
Block Assists: 2 vs. Southwest State, 10/13/93
Digs: 28 vs. Augustana, 9/17/93
Assists: 4 vs. Mount Mercy, 9/4/93



Kelly Ziemiecki

Freshman / 5-5 / DS / Hopkins, Minnesota

Talented recruit with sizeable collegiate potential. . . Versatile performer, used at setter, outside hitter and backrow specialist at Hopkins High School. . . Competed with success in volleyball, softball and gymnastics at HHS, four-year volleyball starter for the Royals. . . Honorable mention all-conference volleyball selection, honorable mention all-state softball pick as well. . . Member of B Honor Roll at HHS. . . Special Education major. . . Born September 30, 1975. . .